

THE
Highlands

Vol 6 Issue 8

FREE

Feb 21 - Mar 6
2007

Communicator

Haliburton County's Good News Fun Free Newspaper

Circulation
8,000

Mailed **FREE**
to:

Minden
Haliburton
Eagle Lake
West Guilford
Gelert
Lochlin
Carnarvon
Kinmount
Wilberforce
Harcourt
Highland Grove
Gooderham
Tory Hill
Irondale
Ingoldsby
Kennisis Lake
Fort Irwin
Miners Bay
Moore Falls

Don't forget
that the first
day of Spring is
March
21st...We're
almost there!!

Winter Family Fun Night Planned For Minden

For some great fun for the whole family, be sure to head to Minden Fairgrounds on Saturday, February 24th for the "Winter Family Fun Night". The event is a great opportunity to spend some time in the outdoors, meet some new people and have a lot of fun. The event, organized by the Township of Minden Hills takes place at the fairgrounds between 7 pm - 9

pm and offers free hot dogs, chilli, and hot chocolate. Yum! And that's just for your stomach! For fun, take part in Tobogganing, Skating, Winter Games, Horse-Drawn Sleigh Rides, a Bonfire and more. The event is free to attend. For more information contact the Township of Minden Hills office at 286-1260, ext 215.



Teddy Time
Haliburton Ontario
Not Quite Main Street
(705) 457-2959
Cty Rd. 21, Haliburton Village

www.teddytime.com

Warm Buddy Co.



"May you have
warmth in your igloo,
oil in your lamp and
peace in your heart." ~ Eskimo Proverb

Home and Spa Comfort Products

Community Forums Being Organized To Bring Community Groups and Individuals Together For Betterment of Minden

The Minden United Church will host a series of Community Forum meetings to provide an opportunity for our community to meet to be informed about, and to exchange ideas on topics of interest and importance in Minden. It will also provide a showcase for existing community resources. Although held in a church, this is about community, not religion.

Reason For Forums

According to meeting organizer Don Ballantyne, Minden United Church – Council Chair, the forums will bring together the many Minden community groups and individuals with similar ideals who are trying to accomplish things in Minden and are not now working together, to provide a clearer understanding of what resources are available, which should lead to greater support.

"Federal, Provincial and Municipal Governments all have their own busy agendas and have boundaries and limitations placed on them, as do service organizations, and so gaps exist that block Minden's ability to fully address the needs of our community," explains Don.

He continues, "Heavy reliance and demands are made on individuals and small groups to carry out important projects, with

little support. Community Forum meetings will give the community an opportunity for open discussion to share ideas without fear of intimidation."

Meetings Format

Bi-weekly or monthly Community Forum meetings will be held at Minden United Church on Wednesday evenings from 7:30 to 9:30, to be attended by the community of Minden Hills.

One or two moderators will chair the meetings, and two individuals will have attendees record their names and phone numbers, and assist in organizing input from the audience and maintaining order.

Each meeting will deal with a different topic in the community, and will include 15 to 20 minute presentations by 2 or 3 groups or individuals who are currently involved with that topic. They will describe what they are currently doing and will reveal their future plans and needs.

After each presentation, there will be 10 minutes for questions from the audience, and at the end of the meeting an open forum for all in attendance to ask questions and express ideas on the topic.

Groups who are making the presentations should have notetakers to record any names of those making comments from the audience for possible follow-up.

Ground rules: Meetings must be informative, not political, views can be expressed without fear of being attacked, and allow for community input.

Meeting Topics

Topics will be determined by contacting service groups and possibly by community input from previous meetings, and will be on topics important to Minden, which might include: "Seniors' Needs and Opportunities" – Community Care; SIRCH; Alzheimers Society; Seniors' Housing etc.; "Health Care" – Minden Hospital; Community Doctors; Heart Doctors etc.; "Minden Town Development Opportunities" – The Revitalization Committee; the B.I.A.; the Riverwalk Group; "Financially Needy Needs" – The Food Bank; Health Unit; Legal Aid; "Youth Needs and Opportunities" – Such subjects as Recreation, Socializing, Associations, Community involvement; "Cultural Opportunities" – Cultural Centre; Plays; Concerts etc.; "Emergency Services" – Police; Paramedics; Firefighters; "Tourism" – Chamber of Commerce and other groups concerning local Attractions, Recreation, Accommodations, Restaurants; Other topics such as U-Links

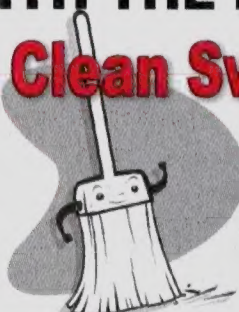
Community Forums cont'd... pg. 3...

**OUT WITH THE OLD -
IN WITH THE NEW!**

It's A Clean Sweep!

**Sale
Now
On!**

**20-
50 %
Off!!**



- FUDGE - 40 FLAVOURS
- GREAT SOUVENIRS
- OLD FASHIONED CANDY
- FINE GOURMET FOODS
- CANADIAN CLOTHING & MOCCASINS
- UNIQUE GIFTS
- PEACEFUL NATURE MUSIC

- HOME FURNISHINGS
- WILDERNESS DECOR
- HANDMADE- QUILTS & RUGS
- NORTHWOODS LAMPS & FURNITURE
- ALL NATURAL CANDLES & SOAPS

Open Year Round

Winter Hours: Tuesday - Saturday 10 - 4, Closed Sun & Mon

Cottage Country Log Cabin

Trading Company Ltd.

1141 Kennis Lake Rd. (County Rd. 7) Just off Hwy. 118, West Guilford

(705) 754-2285

Why is there a light in the fridge and not in the freezer?

Minden Community Forums Cont'd...

... from pg. 2

Implementation

Minden United Church Council has approved proceeding on this program. In order to further implement this program, organizers will be holding separate meetings with the Reeve, local newspapers, and Chamber of Commerce to explain the program and solicit their support. They will be contacting those individuals, service groups and associations who might do presentations at the first few meetings to determine the topics (Could possibly have a meeting with all service groups to explain and solicit support).

The organizers will also be advertising Community Forum meetings in local media, association bulletins, and with posters.

As a special note and by sheer coincidence, Minden United Church was contacted by the PermaFrost group to host a "Community Forum On The Future Of The Frost Centre" to meet the two management teams competing to reopen the Frost Centre (The Friends of the Frost & The Frost Centre Institute), to hear their visions, and ask questions. This Community Forum was held Tuesday August 29th at Minden United Church, was well attended, and showed that Community Forums should be a success in this community. It closely followed the meeting format outlined above. This would be the first in the series of meetings.

After each forum, organizers will be evaluating its success, and determine how and whether to proceed on future forums.

For more information you may contact Don Ballantyne, Minden United Church - Council Chair at 705-286-1305.

The First Forum is Wednesday February 28th at 7:30 p.m. at the Minden United Church, 21 Newcastle Street

Come! Hear About "Our Plans For Future Forums" from Don Ballantyne

And

"Community Care" from Roxanne Casey & Shelley King - Hear Their Vision - Ask Your Questions

Rotary Auction & Dinner A Fun Evening Out For A Great Cause

It's back and it's happening on Saturday February 24th at the Delta Pinestone Resort in the Grand Ballroom. It's the 21st annual Haliburton Rotary Auction fundraising event. The evening features both silent and live auctions and a dinner with dessert or dessert only. To attend the dinner and auction the cost is only \$35 per person while only taking in the yummy dessert and auction is just \$10 per person.

There will be lots and lots of great items up for grabs at the auction including electronics, artwork, tools, recreational equipment, jewelry, Maple Leaf, Senator & Raptor tickets, services and much more. There are always great deals to be had while helping this great fundraiser at the same time!

Tickets to the event are available at Henwood's Variety and Varty's in Haliburton, at the door or from any Rotarian. If you need more info or would like to donate an item for the auction contact Richard van Nood- Auction Chair at 457-1500. Cocktails and viewing open at 6 pm and dinner is at 7 pm.

Scientifically Speaking



Why does head hair grow longer than other hair?

Hairs have a natural lifespan. The hairs on your head live longer than your other hairs. They grow for about two to five years before they fall out. Eyelashes, on the other hand, only last for about four months. Just imagine what would happen if your eyelashes grew as long as your hair!

A Little Bit of Everything



Even though it doesn't look like it outside, we know that spring is not that far away, and St. Patrick's Day is coming soon (Saturday, March 17th). The friendly leprechauns have helped us get everything you might need to celebrate the "Green Day" (except the beer).

Too, the Easter Bunny has arrived and brought us a huge basket full of Easter supplies. We have decorations, ornaments, plastic eggs, baskets, and too many items to list here. This year Easter is on Sunday, April 8th.

Coming soon will be our spring planting and gardening supplies (March 1st). As usual, we encourage you to shop early for seasonal items as they sell out quickly.



Beside IGA & Home Hardware in Minden

(705) 286-3741

Debbie, Ira & Joanne

Haliburton Veterinary Services

by George Farrell

Spotlight

On Business

Helping Busters to Bunnies In Haliburton County

Buster, our 12 year old Jack Russell Terrier was suffering from some much-needed dental work, and he had an early morning appointment for some extractions. So we headed off to see Laurie Brown at Haliburton Veterinary Services, just south of Haliburton Village. I had decided to also do a story about Laurie, the head veterinarian, so before picking up and taking home a still-woozy Buster, I talked with Laurie. I realized as we sat down to talk that this was probably the first time I had ever seen her relax, as all my previous associations with her had been while she was on the job, and she is one busy woman. But like many sensible people who have busy jobs, she seems to know how to relax when she has the opportunity, and there was no problem getting Laurie to speak about what she obviously is passionate about, namely animals and their welfare.

Laurie was born in Minden, and received her early education in the Highlands. After completing high school, she went to the University of Guelph where she graduated from the Veterinary program in 1982. After graduation Laurie worked for a couple of years in the Schomberg and Brampton areas of southern Ontario, 'serving her dues,' as the saying goes. In 1984 she returned to the Highlands and opened her first clinic, next to where the beer store in Haliburton is right now. She was in that location until 1990, when she built and moved to her current location. She has a daughter, Sarah Wood, age 19, who is upgrading her grade 12 credits at HHSS. Laurie's life partner is Casey Cox who farms with his Dad Joe, on Horseshoe Lake Rd. They have a beef, cow/calf operation.

At the Haliburton Veterinary Services "we provide routine medical care and initial stage diagnostics," says Laurie. "That includes

things like spay/neutering, fixing fractures, exploratory surgeries, intestinal surgeries, and dental-cleaning and extractions. We also do medical referrals. That's when an animal needs advanced diagnostics, or ultra sound, things like that. About 95% of the animals we see we can treat, and the other 5% have to be referred," she states.

"We also provide a mobile service for farm animal treatment. We go to your farm and look after your animal where it lives," Laurie

explains. "Mixed animal practices like ours are becoming rarer nowadays. Everybody used to learn everything. Now vet courses are becoming more specialized, so new grads are either knowledgeable with small or large animals, not both. Very few new vets

can do both. There is more streaming now, where your course requires a choice, which you have to stick by."

Of course having to look after farm animals, where she has to go on location, and animals that are brought to the clinic, means that Laurie Brown could not do both without assistance. "Joan Grant works for me, but she also works in Coboconk. She's like a locum veterinarian, but she has regular hours with us. Joan and I go out on the farm calls separately. She is on call about 40% of the time, and I'm on call the other 60%, and we alternate. Between the 2 of us we cover all the calls, but we rarely get the opportunity to work together. I guess you could say that our business breaks down to about 85% small animals which we deal with in the clinic, and 15% is farm work," says Laurie, as she goes on to explain a bit about what that farm work entails.

**Wolves - Dogs - Cats - Loons -
Horses.... it's all in a days work
for Laurie Brown**

Haliburton Vet cont'd... pg. 5...

THE
Highlands

Communicator

Proud member
of the Haliburton
Highlands Chamber of Commerce

705 **457-9999**

Fax:
457-9998

100% Locally Owned & Operated

Meet The Gang ...

Publisher, Sales Manager: **Brett Irvine**
Publisher, Editor, Graphic Design: **Joanne Irvine**
Sales Representative: **Shawn Welsh**
Reporter / Photographers:
Stephen Patrick, George Farrell,
Lea Harper & Sherrill Sherwood

Regular Columnists: **Donald Lange; Brenda Peddigrew; Marci Mandel; Lea Kitler**

Forever in our Hearts...
Roberta Welsh - Feb 12/06

Special thanks to Larry Levely (you will be missed), Eddie Lehman, Karen Barter, April Lauricella; Cindy Munzel, Fred & Shir, Jon Dannewald Lisa Robertson, and all the other people who send in funny stuff - keep us laughing!!

RR#2 - Comp 75, Haliburton, On. K0M 1S0 email: highlands@thecomcommunicator.ca

The Communicator will not be held liable for any errors or omissions, and assumes no responsibility for loss or damages arising directly or indirectly from errors occurring. Certain facts are obtained from outside sources and are to the best of our knowledge true. We will not be held liable for any mis-information gained through these sources. The jokes, it's the law, and other such sections are meant for entertainment purposes only. All material is © 2005 The Communicator - all rights reserved.

**Thank you to
All Our Advertisers,
All Our Writers
& All Our Readers!**

Haliburton Veterinary Services

... from pg. 4

"We deal with horses, quite a bit, and they need an annual general exam and vaccinations. Horses people and birds can all get West Nile Virus. Equine encephalitis also affects people, birds and horses, so we have to give horses vaccinations, even though oddly enough there is no similar vaccine for people against West Nile. The vaccine only lasts about 6 months, so we do a large number of vaccinations in the spring time, and they will cover the spring and summer, the main mosquito seasons," Laurie explains. "Horses should also receive yearly tetanus and rabies vaccinations, as well as other vaccines for other diseases, especially for those horses which travel a lot, to things like competitions and fairs. The rest of what we do with horses is handle traumas, lameness, cuts, wounds and teeth. Most hoof problems are addressed by farriers. The most serious cases concern intestinal diseases-colic. She explains, "That broad term colic can cover spasms, intestinal obstructions, or twists. Treatment can range from administering pain medication, and gut relaxants, to full intestinal surgeries, which we would refer to Guelph or St. Hyacinth in Quebec."

Then there's the cattle. Laurie Brown takes a deep breath and launches into her bovine responsibilities. "Routine care centres mainly around vaccinations again, plus de-hornings, castrations, emergency birthing, and various illnesses and injuries and things like mastitis," which is an inflammation of the udder. We also see sheep and goats, and there's getting to be more things like llamas and other hobby animals."

As for birds,, Laurie explains, "because of the avian flu, raising poultry is becoming a more supervised endeavor, with the government getting involved with licensing. They're trying to limit the number of backyard flocks because they're a risk to the industry as a whole, due to contact with wild birds."

As for the exotic, Laurie says that "we've had the odd reptile, like Iguanas in here, and they're not my forte. Wild animals are a different matter altogether. We had a small black bear bought in a while ago. A concerned person bought it in. It had been hit by an auto - it only had a broken leg. We put a splint on it and we sent it to Aspen Valley Wildlife Rehabilitation Centre. We've sent Loons there, and deer, and they phoned us back and said that the little bear was doing fine. The last report we had was that they had hopes of releasing her back into the wild. We see lots of wild animals. Some have happy endings like the bear cub, and some don't."

Laurie Brown visibly saddens as she relates, "loons are the

saddest, because they tend to often be the victims of lead poisoning by the ingestion of lead-shot or lead fishing sinkers. It's a slow debilitating death. If they're in an advanced stage there's little we can do for them, but occasionally, good things happen." She smiles as she remembers. "This past summer a person on a jet-ski boat ran over a loon which was protecting its nest. The loon was injured and began to sink. Its mate incredibly

kept swooping under it to keep it above water, and to prevent it from drowning. Some people near-by managed to save the injured loon. Joan kept it overnight, and thankfully it recovered. We released it back to its home lake the next day, and its partner came right over to greet it. That was a happy ending".

Laurie continues with her tales of wild animals. "We had a little bittern with a broken leg. It went to R.D. (Ron) Lawrence in Gooderham, and through his contacts with the OSPCA, when it recovered it was flown all the way to Florida, where its natural migration would have taken it. It was released there. We've had contact with R.D.'s wolves, and the wolves at the Haliburton Forest. We treated them mainly for injuries, and we had to do an amputation on one of the young wolves R.D. received from the States. He had been told in advance that one of the young wolves had a minor injury to a front leg, but," she shakes her head incredulously, "there was about 3 inches of raw bone sticking right out of his leg. It was too late to do anything else, so we had to amputate. His name was Numa, and he lived with the Lawrence's for many



Laurie with Buster

years."

She continued, "We constantly dealt with Tundra, and Taiga, Ron's original pair of wolves. Wolves are really remarkable creatures. There was nothing like going into an enclosure and seeing their interaction with Ron. He was a member of the pack and he was the leader-you just got goose bumps. They're creatures to be admired-and feared a little. My interest in wildlife medicine started with Ron. He gave me the opportunities to deal with some of the problems, and over time my comfort level increased-you know what works and what doesn't. But," cautions Laurie, "people bring in wild animals that are not injured, like young deer, that they find huddled down in the grass. Their mothers have been scared off. People should just leave them alone-if they go back after an hour, they will find that the young deer is not there. The mother returned and they went on their way. If they are brought in by mistake, they usually end up living an unnatural, unhappy life. The sanctuaries do the best they can but it's a far cry from their natural environment." So people, unless

Haliburton Vet cont'd... pg. 6...

Haliburton Vet Cont'd...

... from pg. 5

you know for sure that a wild animal is injured and cannot look after itself, leave it alone.

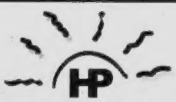
I asked Laurie Brown what single animal that had been bought to the clinic had left the biggest impression on her. Without any hesitation she said "Rosie Abel will always stick in my mind. She was a chocolate lab that had lymphoma, a type of cancer. We provided her with chemotherapy for more than 2 years. She came in weekly for 6 months, and then every 2nd week, and she came in here- we drew blood, and she received intravenous chemotherapy, and she would always come in with her tail wagging like it was her best day of the week. She broke all the records for survival with this condition. She was the greatest dog ever, and she lasted two and a half years. We ended up putting her down here when her symptoms re-occurred, and chemo' was no longer working," Laurie relates sadly. "Working with her and her owners Patti and Gord Abel was a real pleasure, and privilege, and if I ever have to go for chemotherapy myself that is the attitude to go with. She seemed to perceive that we were trying to make her better, and she seemed to overlook her discomfort."

So what pets does Laurie Brown have at home? "At the moment," she says, "we have our own 3 dogs, 2 cats and 9 horses, that I would consider pets. Casey and his dad have about 100 cows and about 70 ewes. If you own sheep you call them yo's," she laughs. "Oh, and 2 chickens". I never determined whether the chickens were considered pets or not."

As our interview winds down Laurie adds an element we had not

touched upon. "We basically provide routine care and service for local animals," she says, "but there's also a sometimes overwhelming number of cottage animals in the summer and a lot of them don't holiday wisely," she says diplomatically. "We're busy busy busy. They are our busiest months."

Laurie leads me to the recovery room where I am to pick up the still-out-of-it Buster. She holds him before her on the table so that they can have their picture taken together. Buster the patient and Laurie Brown, the veterinarian. There's something timeless and telling about it, and I'm almost teary to see him so forlorn-looking. I realize then how sentimental we are, and how attached we become with our pets. Unlike Rosie Abel, I don't think Buster had a clue that Laurie had saved him from further discomfort, but on his behalf I thanked her, and I can't ever remember paying a bill with more pleasure.



HP SUPER STORE

SALES, SERVICE & INSTALLATION



Budget Propane Depot

Praxair Gases Depot

Hwy 35 & C.R 21 E
Minden

286-2421



West Guilford Towing & Recovery Ltd.



Box 24 West Guilford,
Ont. K0M 2K0

24 Hr. Phone# (705) 754-3780
Evening Phone # (705) 457-1327
fax: (705) 457-1593





COUNTY AUTO REPAIR & Radiator Service

Certified Air
Conditioning
Service Centre

Auto Repairs to all makes
Radiators repaired and re-cored
Guaranteed gas tanks Pronto Muffler Centre
Central Ontario Tire Dealer



No-drip Formula
Rustproofing

Lube, Oil, Filter. Free Brake Inspection

457-1411 Industrial Park - Haliburton



YOUNGDALE FUELS

4

WHEEL DRIVE
FUEL DELIVERY

A division of 1696992 Ontario Limited

457-2500

162 Industrial Park Rd. Haliburton

Auto & Fuel Directory



thermoshell

four seasons of comfort

SID STAMP FUELS

Serving the Highlands for over 40 years

Computerized Fuel Oil Deliveries
Budget & Maintenance Plans 24 hr Emergency Service
Heating Equipment Sales & Installation
Commercial Fuels and Lubricants

286-1088

Save Money on Your Electric Bill
Rent or Buy an Oil Fired Hot Water Heater



John E. Francis Fuels

Heating & Cooling 565938 Ont. Inc.

Oil Furnaces and Air Conditioners
Installation & Repairs
Burner Technicians on Staff

Free Estimates
286-2738

Hwy 35 South of Minden

24 Hour Emergency Service



Tires for all your Needs!

ALLSAW TIRE

286-4647

We also do mechanical repairs
and body work!

Located halfway between Minden & Haliburton on Hwy 121

Scampering Along the White Trail

Re-Imagining

with Marci Mandel

Last June, on the first day of summer, we opened our arms to a new bundle of joy. Alan named the puppy *Amik*, which in Algonquin means beaver: *builder of dreams*. He was the cutest little puff ball, and when I wondered what dream he would build, it seemed obvious – a world of joy and generosity.

Amik was the first puppy I had, so I consulted different websites and trainers for advice. He was a very smart and determined Great Pyrenees who loved being around people. With the steady flow of guests last summer, however, any consistency in the training was impossible.

Amik loved company, especially when other dogs visited too. It was so funny watching him try to keep up with the ones bred for agility. After a good round of playing, he'd just lie down, pant and smile, then get back up and go run some more. He was bigger than the others but had such a gentle nature, no one worried.

After the fall was over and most people had left, Amik's temperament changed. There was a longing in him that Alan and I couldn't fulfill. I tried taking him to town for walks and to visit another puppy, but it wasn't enough. He became very frustrated and began lashing out. We called the trainer back and got a new routine for him, and when that didn't work, got an even stricter one.

By mid January, Amik was very limited. It wasn't any fun for him and it wasn't any fun for us either. Out on the path, with him on the short lead, I began to cry. *What have I done, what have I done*. We had such a beautiful, joyous puppy seven months ago and now I had a caged terrorist.

I took Amik to the kennel on the way down to the city and talked about him with the owner, Marg, but she had no problems with him at all. After a good chat, I came to understand that Amik was born and bred to be a working dog. He came from an alpaca ranch - from working class stock - and that's where he belonged. Although other Pyrs are great house pets, Amik seemed to have gotten all guard dog genes

I thought a lot about it on the drive down and then got caught up in the conference I was attending. The weekend was hosted by The Gaia Centre in West Guilford, and they had brought Matthew Fox in to speak about re-imagining earth community. As part of the event, Carol Kilby organized an "arts as meditation" segment

for the second day so participants could get into the creative spirit of re-imagining. To my surprise, and delight, she had asked me to lead the writing workshop. I always thought I had something to teach but none of the classes I'd offered worked out.

I took this opportunity seriously and planned my presentation well, but I had a restless sleep at my brother's the night before and woke up with a thick head unable to concentrate. At the lunch break, I adapted my work to what Matthew had talked about, and then with twenty minutes left, I did what I do: I went outside. Walking around the quad with my hands behind my

back, I remembered I wasn't alone; I had all my mentors and loved ones with me – in me. I also remembered why I was there: *receive for the sake of giving*, the sages teach and now was my time to step up and give back.

My head was still buzzing, so I walked over to a huge oak tree and rested my forehead on it. "Help me, please," I humbly asked. I then drew good energy from the earth into my feet and up to my head. Soon it was cleared out, and I returned to the class ready to present

Entering the Writer's Cave.

I do this meditation called the Secret Smile and at the end I felt totally alive and aware. That's what I felt like during the presentation – it was as if this was who I was born and bred to be, and it was magnificent in how wonderfully it all unfolded. I had struggled and I *had* emerged!

Driving home, I knew I had to let Amik feel the same way – I had to let him live out his life's purpose. Next day, I called the breeder and some others and put the word out that a wonderful Great Pyrenees was looking for a guarding job on a farm. And that's when I realized Amik was a builder of the greatest dream of all – the dream that we all live our authentic lives. If all beings were allowed to be whom they were born and bred to be, then joy and generosity would prevail.

Now that's how I re-imagine earth community.

Comments: whitetrail@distributel.net



**If you like The Communicator...
Support our
advertisers. They make
it possible and we
thank them.
Tell them you saw their ad
in The Communicator!!**



**TTT
TRIPLE "T"
TRANSMISSIONS**

Transmission Repair
Auto Repair & Maintenance
Dealer for Arctic Snowplows
Amsoil Dealer

**ARCTIC
SNOWPLOWS**



Dealer for Arctic Snow Plows

Give your engines **THE BEST!**

AMSOIL

The Original Synthetic Motor Oil

Call Stuart 447-3456 Irondale

PRENTICE
POWER SPORTS LTD.

286-2750
Hwy 35 S. - Minden

PERFORMANCE YOUT
ATV • Outboards
BOMBARDIER ATV
SEA-DOO
SKI-DOO



**FLOYD HALL
LIMITED**
INSURANCE BROKERS

Home • Cottage • Business • Auto

Minden Toll Free Haliburton
286-1270 1-800-254-7814 457-1732

DOLLO'S **Hometown**
IGA Proud!

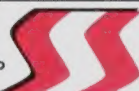
Serving the
Community for
50 Years!!

Specializing in Customer Service

In-Store Bakery & Deli
Located on HWY. 35

286-1121

Minden
2 IGA Road
Minden, Ontario
K0M 2K0



(705) 286-6580

sales@system-software.net

SYSTEMS SOFTWARE & SUPPORT

High Speed Internet
Candlelight

Computer
Sales & Services



JARDINE LLOYD TOMPSON CANADA
Inc.

International Risk Management and Insurance Broking

Direct 416 644 4825

Cellular 905 715 9624

Toll Free 1 800 268 9189

E-mail pdorman@jltcanada.com

Paul Dorman, C.R.M., R.F.

Senior Vice President, Public Sector Division

www.jltcanada.com

Want a Getaway? Have Travel Needs?
Call or email today for Personal Service

**Packages, Cruises,
Air, Rail, Car, Hotel**

Penny & Bill Obee
Travel Consultants

705-489-3333 • 1-888-489-4894
pennystravel@sympatico.ca

Affiliated with: IATA and Association, 1240 Bay Street, Toronto 1-800-457-4238

YORK
It's time to get comfortable.

457-2375
1-866-457-2375

Walker's
HEATING & COOLING SYSTEMS



PHARMASAVE
MINDEN DRUG STORE
110 Main Street - Box 300, MINDEN, ONTARIO K0M 2K0

Peter Meraw, S.Sc., Phm
Richard Smith, B.Sc., Phm

(705) 286-1220

Open Monday to Saturday 9am - 6pm

286-6618

fax: 286-6843

SUBWAY

Hwy 35, Minden

Golden Stationers

Brush & Office Supplies • Leather & Luggage

Main St. Minden - Next to Pharmasave
(705) 286-2110 Fax: (705) 286-1827

WINTER Family Fun NIGHT



**MINDEN
FAIRGROUNDS**

**SATURDAY
FEBRUARY 24, 2007**

**7:00 p.m. to
9:00 p.m.**



FREE!!!



WINTER Family Fun NIGHT



**COME
JOIN THE
FUN!!!**

**TOBOGGANING
SKATING
WINTER GAMES
BONFIRE
HORSE-DRAWN SLEIGH RIDES**

For more information,
call Township of Minden Hills
705-286-1260 Ext 215

Churko Home Furniture



**Home
furniture**

Cty. Rd. 21 Haliburton
457-9571



John E. Francis Fuels
Heating & Cooling 565938 Ont. Inc.

Oil Furnaces and Air Conditioners
Installation & Repairs
Burner Technicians on Staff
Free Estimates

286-2738
Hwy 35 South of Minden
24 Hour Emergency Service

**Gordon A.
Monk**
Funeral Home Ltd.

127 Main Street
P.O. Box 427
Minden, Ontario
K0M 2K0

Kirsten L. Monk
Manager

Barry A. Cray
Funeral Director

286-2181
Fax: 286-6661
Toll Free: 1-888-588-5777

THE STOREROOM
natural foods
Established 1977

- Vitamin and Herbal Products
- Health books
- Natural Bath Care and Cosmetics
- Organic Food and Dairy Products

136 Bobcaygeon Rd., Minden, JUST ACROSS THE BRIDGE **286-1424**

Hudson Henderson 286-4727
Insurance Brokers Ltd.

Insurance • Investments • Advice

Commercial • Property • Auto • Life
R.R.S.P.'s • Employee Benefits

12269 Hwy 35 • Minden, Ontario

EMMERSON LUMBER LTD.
457-1550

toll free: 1-888-339-3325 • fax: 457-1520
email: information@emmersonlumber.com
internet: www.emmersonlumber.com

castle
building centres

The Benefits Coach®
P.O. Box 505
Haliburton, ON
K0M 1S0

705-457-1052
fax: **705-457-3324**
www.thebenefitscoach.com
email: solutions@thebenefitscoach.com

SHAWN HAGERMAN CLU, CNFC, CFP, CHBA

The Benefits Coach® is a division of Planned Benefits Inc.
Planned Benefits Inc. is a registered charity (100-090111-0001) and a not-for-profit organization.

Jim McMahon
Deep Bay Rd., Minden
286-1312
Breeder of Quality
Miniature Horses
Schnauzers & Shih Tzu



McMahon Feeds 'n Needs
131 Bobcaygeon Rd., Minden, Ont. K0M 2N6 **286-2801**

Stedmans
V&S
Department ♦ Store

People you know.
Products you trust.

A Full Line
Department Store

Photocopy & Fax Service • Photo Finishing
Laminating • Dry Cleaning Drop Off

103 Main St. Minden **705-286-1075** fax: 705-286-4567

thermoshell
four seasons of comfort

Computerized Fuel Oil Deliveries
Budget & Maintenance Plans 24 hr Emergency Service
Heating Equipment Sales & Installation
Commercial Fuels and Lubricants

286-1088

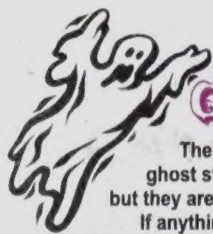
DAVID A.P. SHAPIERA
LAWYER

Servicing
All Of Your
Real Estate &
Legal Needs In
Haliburton County



**Mortgages
Sales • Leases
Purchases**

Tel: (705) 286-2021
37 Main Street, Minden, ON K0M 2K0
Fax: (705) 286-3938 Email: lawshop@interhop.net



GHOST STORIES

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts!! If anything, they do make for interesting little stories... enjoy...

It is with great pleasure, and through fan of Ghost Story demand, (and of course more in-depth research) that we bring you back some popular Ghost Stories through history. A chilling column meant to entertain – it poses the question – do ghosts really exist?... You be the judge... if anything – they are fun little stories that are good for a bit of hair raising sensations. Enjoy!!

Ghost stories are probably as old as the human race, and the Greeks and Romans had their fair share of them. Writings from the 1st century AD recount one contemporary haunting.

Every night at a mansion in Athens in Greece, the ghost of an emaciated old man was said to appear, rattling iron chains. The occupants abandoned the place and no one would buy or live in it. Then the philosopher Athenodorus rented the house. Athenodorus, sometime tutor to the young Augustus who later became emperor of Rome, was not to be trifled with. Sending his servants away, he lit a lamp and sat down to write. In the middle of the night the clanking sounds began, but Athenodorus

Ghost Stories Go Way Back in Time

simply ignored them. Then the ghost appeared at the door, but the philosopher merely signalled it to wait. Impatient, the ghost stalked forward and began to rattle its chains over his head. Athenodorus followed it outside, and when the ghost finally disappeared in the courtyard, marked the spot with leaves. The next morning, he called upon the city magistrates to dig up the ground in the place he had marked, and they found the skeleton of a man in chains. When the remains had been given a proper burial, the haunting promptly ceased.

Suetonius writes that several times after Caligula's assassination in AD41 he appeared in Rome's Iamian Gardens, where his body had been hastily buried. The haunting ceased when his sisters re-interred him with the proper ceremonies.

The emperor Nero was also said to walk in the city as late as AD1099, more than 1000 years after his death. He rested quietly only after a church was built over his tomb.

Watch this column for Ghost Stories from past and present!!



Visit Curry Motors For Your Chance To

WIN A NEW VEHICLE

Come in and experience the GM Hot Button Event. You could instantly win one of a hundred brand new vehicles.

There's never been a better time to come into Curry Motors. But hurry - the Hot Button Event ends Feb 28th. See you soon!

CURRY MOTORS LTD.

Leigh Bull, Bob Johnston, Bob Bullock.

"Your Friendly GM Dealer Since 1923"

Haliburton
1-877-255-8143

457-2100

CHEVROLET OLDSMOBILE PONTIAC
BUICK GMC TRUCKS

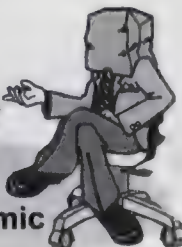
www.gmcanada.com email: currymotors@gmcanada.com



**Come in and Push
the HOT BUTTON
today!!**

That's Life...

by the Bashful Comic



Hey ladies: This is the fairy tale that we should have been reading as little girls!

The Frog Prince

Once upon a time, in a land far away, a beautiful, independent, self-assured princess happened upon a frog as she sat, contemplating ecological issues on the shores of an unpolluted pond in a verdant meadow near her castle.

The frog hopped into the princess' lap and said: Elegant Lady, I was once a handsome prince, until an evil witch cast a spell upon me. One kiss from you, however, and I will turn back into the dapper, young prince that I am and then, my sweet, we can marry and set up housekeeping in your castle with my mother, where you can prepare my meals, clean my clothes, bear my children, and forever feel grateful and happy doing so.

That night, as the princess dined sumptuously on lightly sauted frog legs seasoned in a white wine and onion cream sauce, she chuckled and thought to herself:

I don't think so!

Family Fun Event

Magnum Ice Race Series in Minden – Last Chance to See Race This Weekend

The Canadian Automobile Sport Club for the Ontario Region presents Ice Racing every Saturday and Sunday, with the last races of the season is Feb 24 & 25.

A winter fun family day finishes the race season off with great fun.

Ice Racing started in Ontario more than forty years ago and it's an inexpensive, fun part of CASC-OR for competitors and spectators alike. Originally all events were held on frozen lakes and rivers and some still are, but in the late seventies the Central Ontario series moved to more permanent facilities at the fairgrounds in Minden. Here a track is laid out in an 'kidney' shape, then flooded repeatedly to build up ice between the snow banks that define the course.

You won't want to miss this event – so head on out on the weekend and catch some of the action. The races get underway Saturday at 9 a.m. and on Sundays at noon.

"The Chrysler Dealership in the Highlands"

KEANEY

CHRYSLER • JEEP • DODGE

Check Out These Great Deals...

One of Our Sales Team Can Look

Brent Devollin

Andrea Churko

After You!

2339 - \$26,900 2004 Dodge Ram 1500 Laramie Quad SB 4x4, 5.7 L auto, heated leather, leather, Flame Red, 59,500 kms, \$26,900	2324 - \$30,900 2006 Dodge Durango SLT Plus 4.7 L, Auto, Sunroof, Leather, DVD, Boats, Atlantic Blue, 24,900 kms	06-14A - \$19,900 2001 Dodge Dakota SLT Quad 4x4 3.7 L, auto PW, PL, A/C, CD, Patriot Blue, 60,000 kms
2337 - \$31,900 2006 Dodge Ram 1500 SLT Megacab SB 4x4, 5.7 L, auto, chrome tube steps, Flame Red, 15,900 kms	2326 - \$25,900 2006 Dodge Magnum SXT AWD 3.6 L, Autostick, A/C, CD, PW, PL, Leather, Inferno Red, 34,319 kms	07-85A - \$18,900 2001 Jeep Liberty Sport, 3.7 L, Auto, A/C, CD, PW, PL, Aluminum Wheels, Flame Red, Bal of Warranty, 67,110 kms
2331 - \$14,900 2001 Chrysler PT Cruiser GT, 2.4 L Turbo, Auto, Leather, 6 Disc, Spoiler, 17" Al. Wheels, Electric Blue, 37,217 kms	2332 - \$34,900 2006 Jeep Commander, 4.7 L, auto, Tow, less than 100 kms, Black	06-18A - \$13,900 2002 Dodge Grand Caravan Sport 3.1 L, auto, A/C, CD, PW, PL, Keyless, Patriot Blue, 95,656 kms
07-33A - \$8,900 2001 Ford Taurus SE, 3.0 L V6, auto, A/C, 6 Disc, Power Pedals, Spoiler, Al. Wheels, Green, 105,000 kms	2316 - \$31,900 2006 Dodge Magnum RT AWD, 5.7 L MDS, Autostick, Leather, Sunroof, Black, 19,500 kms	07-10A - \$6,900 2001 Ford Windstar SE, 3.0 L V6, auto, PW, PL, A/C, 182,000 kms
2285 - \$9,995 2002 Buick Century Custom, 3.1 L V6, auto, A/C, CD, PW, PL, like new, Silver, 78,810 kms	06-12A - \$8,900 2002 Chrysler Intrepid SE, 2.7 L V6, auto, CD, A/C, PW, PL, Onyx Green, 106,164 kms	2325 - \$23,900 2006 Jeep Liberty Limited, 3.7 L, auto, A/C, CD, PW, PL, 21,000 kms, Khaki

**FOR YOUR SCHEDULING CONVENIENCE
KEANEY PARTS AND SERVICE DEPARTMENT
NOW OPEN SATURDAYS 9 A.M. - 1 P.M.**

"In Beautiful Downtown Minden"
(705) 286-1561

ALL-WHEEL DRIVE SECURITY AT SUCH A GREAT PRICE –
NOW THAT'S VALUE



2007 Subaru Impreza 2.5i

with Subaru symmetrical full-time All Wheel Drive

Standard Features

• 180-hp, 2000 cc, 4-cylinder, 2.5L SUBARU IMPREZA 2.5i

• 5-speed manual transmission

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

SEDAN OR SPORT WAGON

LEASE FROM

\$265

3.8% LEASE APR

48-month term, \$3,888 down, freight and PDI included

WELL EQUIPPED FROM
\$22,695



2007 Subaru Forester 2.5X

Winner of NHTSA Top Safety Pick award 2007

INSURANCE INSTITUTE FOR SAFETY

LEASE FROM

\$319

3.8% LEASE APR

48-month term, \$3,888 down, freight and PDI included

WELL EQUIPPED FROM **\$26,995**



2007 Subaru Legacy 2.5i and Wagon

with Subaru symmetrical full-time All-Wheel Drive

Standard Features

• 180-hp, 2000 cc, 4-cylinder, 2.5L SUBARU LEGACY 2.5i

• 5-speed manual transmission

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

• 16" alloy wheels

SEDAN OR SPORT WAGON

LEASE FROM

\$348

3.8% LEASE APR

48-month term, \$3,888 down, freight and PDI included

WELL EQUIPPED FROM
\$26,995



2007 Subaru Outback 2.5i

★★★★★

1 Star Government Crash Test Safety Rating

LEASE FROM

\$388

3.8% LEASE APR

48-month term, \$3,888 down, freight and PDI included

WELL EQUIPPED FROM **\$30,995**

Think. Feel. Drive. SUBARU

MINDEN SUBARU **286-6126**
13061 Hwy 35, North of Minden



Come & Learn About Owls!!!

The Haliburton Highlands Field Naturalists are hosting a presentation on OWLS on Thurs. March 8, 2007 at 7:30 p.m. at the Haliburton Museum on Bayshore Rd. off of Hwy. 118. Come and join others for an interesting and enlightening educational experience with Rick Stronks.

Rick Stronks, the Chief Park Naturalist of Algonquin Provincial Park, will present a slide talk describing the common owls found in Ontario and their remarkable life histories. He will also bring mounts of some species found in our region, such as the Great Gray Owl, Barred Owl and the Northern Saw-whet Owl.

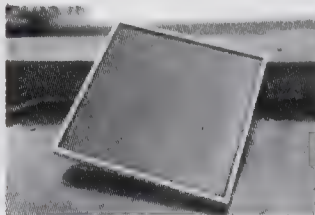
Stronks, a former high school teacher and fisheries biologist, has worked in Algonquin Park for 10 years. He manages the superb Algonquin Visitor Centre and the well known interpretative program including the infamous Public Wolf Howls. His natural history interests include birding, large mammal research (bears, wolves, moose) and butterflies.



Fleming to Offer more Sustainable Building Courses - A Chance to Learn Individual Building Skills

Some three years ago Chris Magwood, one of Canada's most experienced builders of "Straw Bale" homes and what's known as "Sustainable Building" techniques, approached Fleming College's Haliburton campus to suggest a radical new course component: let's get together some different interests and offer students a five-month course and erect a complete, working, efficient sustainable building together.

Well, the pitch worked, and the first result was the 4-Cs building on York Street in Haliburton that was completed in 2005. The project was made possible by support from Fleming, the 4-Cs, and the Municipality of Dysart. Some 21 students, along with instructors and professional helpers, completed the 1800 square foot structure in 20 weeks of intensive work. Last year Fleming completed another structure, the Sustainable Living Centre at the Kinark Outdoors Centre and this year the designated project is the R.D. Lawrence Centre in Minden, due to start in April.



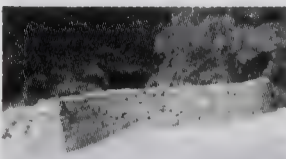
Solar Panel

While the success of these projects is undeniable, and as the buildings prove themselves to be strong, efficient, and attractive, the length of the course has proven to be somewhat of a barrier to some of Fleming's potential students. Five months spent working on one major course or project poses quite a challenge. So this year Fleming College has decided to offer individual courses in some of the skills and techniques that make up the whole Sustainable Building Package, so that students who can't commit to the entire five-month experience can at least become expert in one or more aspects of it.

The six courses are as follows:

Timber Framing – Introduction to Design. This course takes place over just two days and introduces students to the design, construction, and finishing of a timber frame house. The course is a prerequisite to the Timber Framing course, but it's also provides a valuable overview for anyone interested in building or buying a timber frame home.

Timber Framing. This is a hands-on one-week course where students will learn "the age-old craft of building with heavy timber using mortise and tenon wood joinery and oak pegs."



Right Curve Front

Straw Bale Construction. This is also a one-week course that offers a "ground-up" look at the process of straw bale building, from foundation options to finishing details.



Sustainable Building



Timberframe

Dry Stone Structures. This course introduces the principles and techniques of sound dry stone construction, focusing on design and how it relates to function. If time permits the course will include the construction of a permanent dry stone feature. NB: due to the hands-on, physical nature of this course, students must be prepared for heavy physical work.

Renewable Energy. With climate change in the news every day, and hydro rates not about to go down any decade soon, solar, wind, and hydro technologies are attracting a lot of attention. This course provides a three-day introduction to these concepts and trends in renewable energy, their efficiency, and their respective advantages and disadvantages.

Backyard Clay Oven. This five-day-course will show how the "clay under our feet" can be utilized to construct an outdoor, wood-fired oven.

These courses start in early April: for further information on precise dates and cost, please contact Fleming College at 705 457-1680 or visit www.flemingcollege.com



Backyard Clay Oven

We Can Help You Build Your Home



Not only do we carry all the building materials...

We can even help you with custom home designs! Or choose from a variety of pre-designed plans!



CASTLE CAN HELP!

EMMERSON LUMBER LTD.

457-1550

Maple St. Haliburton

toll free: 1-888-339-3325 • fax: 457-1520
email: information@emmersonlumber.com
internet: www.emmersonlumber.com



Dundee Wealth Management Comes to Town

"Better odds than the Lottery, any day!"

by Stephen Patrick

"I see this as an opportunity to really help people with all aspects of their financial lives – to secure their retirement, and to make the most of their assets for themselves and for their children and grandchildren", says Lon Duncombe, who's just opened a branch of Dundee Private Investors Inc. in Haliburton. "And for young people, I think I can convince them that long-term investment is the absolute guaranteed way to win the lottery," he laughs. "It sure beats the odds of buying the 649 every couple of days."

(And it's probably cheaper in the long run as well.)

Lon Duncombe takes his responsibilities as a Certified Financial Planner (CFP) very seriously. "You have to understand that you're often dealing with clients' life savings – and you have to be accountable. That's what really attracted me to the Dundee Group of companies: they offer an amazing range of financial services from securities to mutual funds to insurance, mortgages – in fact they're a fully accredited bank as well, which clients can access through my office." In fact, the Dundee Bank offers a very high 3.85% interest rate on its Investment Savings Account balances.

The Haliburton Dundee branch is a sub-branch of the Dundee Lindsay office which has been run by Larry McKnight, CFP since its inception in 2004. But Larry's history in financial planning goes back over 20 years when he first joined Regal Capital Planners (which was later taken over by Cartier Financial, and then by Dundee). Both Larry and Lon Duncombe are local boys; both graduated from Haliburton High, and were successful owners and managers of small businesses in the Highlands. Larry was in the marina business for many years as owner of Minden Marine and distributor for Mercury Outboards until he decided to take on financial planning full time. "Back in the mid 80s we were just coming out of a recession, and I could see that financial and estate planning were crucial factors for so many of my contemporaries and of course the older generation. And I think a background in small business is a great preparation for financial planning – particularly in Haliburton, with such a seasonal and cyclical economy."



*Lon Duncombe (left) with
Larry McKnight (right)*

Lon Duncombe agrees: "you have to really like people to make it as a small business person – you have to be able to cope with a constantly-changing marketplace, as well of course as the seasons." Lon opened a local Radio Shack back in 1981, which later became Halco Electronics, and he witnessed first hand the

gigantic shift in consumer items that the computer and information revolutions created in the 1980s. "It was a really dynamic and challenging time. You owned your inventory, for example, so every decision you made you had to live with. Some Christmases I'd look around at what seemed to be a completely full store with only a couple of shopping days left and wonder what I'd got myself in for – the stress could be really something. But our customers always came through, and we had a very successful business."

Lon sold Halco in 1992, and then ran his spin-off Video City store until that too was sold in 1997. After a few years of work helping small companies with their bookkeeping and financial structure, he obtained his Financial Advisor credentials with the Investors Group.

"Joining The Dundee Group is a very exciting move for me, and for my clients," says Lon. And Larry McKnight adds that although the Haliburton office is a sub-branch, "Lon's fully in charge of it, and will run the branch on his own. The Lindsay office is a kind of headquarters, and I act as Compliance Officer, but it's Lon's show."

The Dundee Companies can trace their roots back 50 years to a modest 50-member investment club formed in 1957. A few years later the club began to offer services to the general public, and by 1991, under the guidance and leadership of investment guru Ned Goodman, was incorporated as an asset management company. In 1993 a financial planning business and a brokerage firm were added and by the end of the decade the long-term evolution of the integrated wealth management companies had begun.

"It's important to understand as well that we're not here just to service people with big bank balances. We can help people to create a secure future with virtually any level of income. It's particularly rewarding to be able to work with young small business owners and help them and their families survive the ups and downs of the Haliburton economy," says Lon. "At this time of year, of course, everyone's thinking about their taxes and RSPs: but we're happy to help young families as well with securing educational opportunities for their children, as well as protecting their assets."

You can reach Lon Duncombe in Haliburton at 705 457-3166. The new Dundee office is located at 83 Maple Street (the old Halco Plaza) in Haliburton.



County Sign & Display
Computer Cut Vinyl Graphics

**Sled & Helmet Graphics
Cottage Signs**

(705) 286-6650 fax: 286-6651

countysign@interhop.net



CUSTOM SIGNS

BUSINESS

Bits & Bites



At left is the Licensing counter. Above is the inside of the new location. Very top is the entrance to Varty's as well as other businesses that have recently relocated to this location.

Varty's On The Move!

Since 1964 the Varty family's Jewelry Store has been a popular fixture on Haliburton's main street, but this month, appropriately around Valentine's Day, the business has moved to a brand new location. Second generation owners Mike and Kim Varty have sold the family building, but will keep the business alive and prospering at 50 York Street (in the old Family Medical Clinic space.)

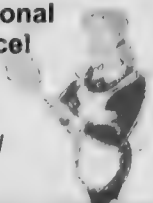
"We're still going to be providing all our customers the same level of service, both in engraving, watch repairs, our Seagull Pewter line, and of course our jewelry," says Mike Varty. "And the Ministry of Transportation (MTO) outlet of course moves with us."



Need it Clean?

**Dependable & Professional
Squeaky Clean Service!**

Home or Business
Weekly or Bi-Weekly
Annual Or Semi Annual
Service



FREE Estimates 457-4840

Are You 11 – 18 And Looking For Something Fun To Do??

Hey kids... get ready to dance the night away at the upcoming Much Music Video Dance Party planned for March 8 at the Gooderham Community Center.

This is an event for youths age 11 – 18 only. The dance gets underway at 8 p.m. and goes to midnight.

Tickets are \$10.00 per person and there is limited tickets available. Tickets will be sold at the following locations throughout the month of February:

Golden Stationers, Village Chalet Family Restaurant, Ray's Pizza, Henwood Variety, Video City Sherri's Truck Stop, Gooderham Community Centre (Monday evenings 7-9pm) and the Gooderham Post Office 9:30-4pm.

Please note guys that once you enter the event you cannot leave and re-enter! Also, understandably, there will be NO smoking or alcohol prohibited.

Buses will be provided on the night of the event.

Pick up and drop off provided - Haliburton High SS - 7:30pm ; Archie Stouffer ES - 7:00pm

Organizers wish to Thank the many businesses that have already donated to this event (Including IGA and Independent Grocers in Haliburton!)

If you have any questions about this event contact Meg at mags0880@yahoo.ca or by phone at 447-3481 between 5-8 p.m.



**Do You Need
Your Grade 12 Equivalency
for College, Work or Apprenticeship?**

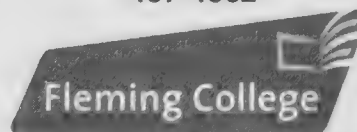
**FREE
Academic Upgrading**

**Choose from:
Computer Awareness, Math, Communications,
Success Strategies**

**LOCATION:
The Training and Employment Resource Centre
Village Court Plaza (just above the Donut Shop), Haliburton**

**Start Anytime
Transportation and Childcare Subsidies Available**

**Visit or call for Information:
457-4562**



Experience • Success

EMPLOYMENT
ONTARIO

CRAZY But True Law Suits

A Chubby Lawsuit...

Attorney Philip Shafer of Ashland, Ohio, flew on Delta Airlines from New Orleans to Cincinnati and was given a seat, he says, next to a fat man. "He was a huge man," Shafer says. "He and I were literally and figuratively married from the right kneecap to the shoulder for two hours." He therefore "suffered embarrassment, severe discomfort, mental anguish and severe emotional distress," he claims in a lawsuit against the airline. Shafer figures this embarrassment, discomfort, mental anguish and emotional distress could be cured by a \$9,500 payment from Delta.

Correction - Oops...

Last issue's feature on Kennisis Marina and owners Mike and Jeanne Zahn not only spelled their name wrong, but we omitted to mention two very important members of their family.

Besides daughter Heather, who's in Grade Three at Stuart Baker in Haliburton, Jeannie also is the doting mom of John (20), and Caitlin (16) Lilly. Our apologies - and may the snow fly from now until May!

Know how to prevent sagging? Just eat till the wrinkles fill out.



It's The Law!

In Tennessee, a law exists which prohibits the sale of bologna (sandwich meat) on Sunday.

In Virginia, the Code of 1930 has a statute which prohibits corrupt practices or bribery by any person other than political candidates.

In Providence, Rhode Island, it is against the law to jump off a bridge.

In the State of Kansas, you're not allowed to drive a buffalo through a street.

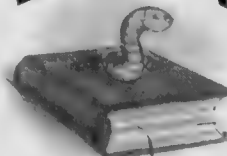
In Florida, it is against the law to put livestock on a school bus.

In New Jersey, cabbage can't be sold on Sunday.



Stratagem

Learn A



Word

*\'stra-te-jem*n 1a: an artifice or trick in war for deceiving and outwitting the enemy *b: a cleverly contrived trick or scheme for gaining an end 2: skill in deception.

Putting 10-year old Jake in charge of waling the dog proved a successful stratagem for keeping him out of his sister's hair.

INTERNET ACCESS AND SERVICES

**SERVING
HALIBURTON
COUNTY!**

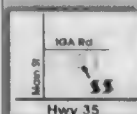
**High Speed Internet
access from: \$19.95***
/month

**Website
hosting
starting
from \$9.95 /
month**

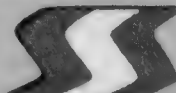
**Dial Up Internet
access from: \$9.95***
/month

**ASK US ABOUT A CUSTOM WEBSITE
DESIGN FOR YOUR COMPANY!**

* Prices and availability subject to change without notice, see store for details.



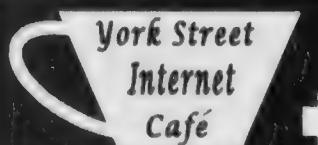
**Minden
2 IGA Rd.
Box 569
Minden, Ont.
K0M 2K0**



**Phone:
(705) 286-6580**

Email: sales@systems-software.net

SYSTEMS SOFTWARE & SUPPORT



**High Speed Internet
via your laptop or our PCs
Faxing / Photocopying
Gourmet Coffee & Tea**

457-8902

Winter Hours:

Tues - Fri 9:30 am - 5:30 pm
Sat - 10 am - 2 pm
Closed Sun & Mon

www.YorkStreetInternetCafe.ca



**PC & Laptop Repairs
Virus Removal / Prevention
New & Used Sales
Computer Tutoring**

457-8880

**28 York Street, Haliburton
(opposite the Rail's End Gallery)**

highlands-computer-services.com



Lange On The Law



by **Donald J. Lange**
Barrister & Solicitor

Parental Responsibility

Parents beware! You may be liable to pay for property damage caused by your child. Consider this scenario. When you are away at work on weekends, you usually have your 18 year old daughter babysit your 15 year old son so that he does not get into trouble. That arrangement is successful for a while but one day the 18 year old falls asleep on the sofa giving the 15 year old a unique opportunity. He takes the keys to the parents' car, takes it for a spin, but gets into a car accident causing property damage to another car. The property damage is repaired through insurance. What can the insurance company do to recover the cost of the repairs? It can sue the parents in the small claims court. The lawsuit is governed by the *Parental Responsibility Act* which became law around 2000.

In this legislation, there is a reverse onus. Once the car accident has been proven, the parents must satisfy the court that they were exercising reasonable supervision over their son at the time that he took the car for a ride. The legislation lists several factors that the court may consider in determining whether the parents were exercising reasonable supervision at the time. Some of the factors are: the age of the child, the prior conduct of the child, the potential danger of the activity, the physical or mental capacity of the child, including any psychological disorders, and the parents' parenting skills generally.

In defending the lawsuit, the parents might argue that they were completely unaware that their son had an interest in driving the car. The incident was completely out of character for the son and not foreseeable. The son was a normal healthy teenager giving no reason for the parents to be concerned about him engaging in any type of dangerous activity. The weekend regime established by the parents regarding the supervision of their son was prudent and reasonable and was working well before this incident.

The standard imposed by the *Parental Responsibility Act* is one of reasonableness, not perfection. The standard is an objective one determined by taking into account both the practical realities of what ordinary people do and what judges believe they ought to do. It is recognized by the courts that the reasonable person may make mistakes and errors of judgment for which there is no liability. The Act only applies to the small claims court with a monetary jurisdiction of \$10,000.

In the next column, I will be talking about dog owners.

Health nuts are going to feel stupid someday, lying in hospitals dying of nothing.

Donald J. Lange, LL.B., Ph.D. (Cantab.)

Barrister & Solicitor

Civil Litigation

20 years Toronto experience

Defending or launching lawsuits

- Opinions • Land disputes • Collections
- Contracts • Insurance claims • Negligence

Phone: (705) 489-4974

email: donaldlange@donaldlange.com

Website: www.donaldlange.com

Office Location
Main St., Minden
(by appointment only)

NORTHERN LIGHTS TRAFFIC TICKET FIGHTERS

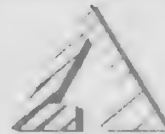
457-4140 • 888-679-5234

**WE DEFEND ALL TRAFFIC INFRACTIONS
AND IMPAIRED DRIVING CHARGES**

Serving Haliburton, Lindsay & Durham Area

ABECK Accounting Tax & Computer Services Inc.

ACCOUNTING: Proprietorships - Partnerships - Corporations
TAX: Personal - Corporate and Estates



Audrey Beck

Norland
705-454-2418
1-888-428-9778
info@abeckacctg.com
www.abeckacctg.com
7524 Highway #35 Norland
K0M 2L0

PINCKARD • WYJAD • FLEMING Associates

BARRISTERS • SOLICITORS • NOTARIES
In Association

DANIEL J WYJAD, M.Sc., LL.B.

KELLY A. FLEMING, BA. (HONS), LL.B

BRACEBRIDGE

39 Dominion St. Box 177, P1L 1T6
Tel. (705) 645-8787
Fax. (705) 645-3390

Email: bracebridge@wylaw.ca

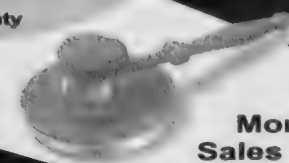
MINDEN

5 Main St Box 850, K0M 2K0
Tel. (705) 286-6483
Fax. (705) 286-3523

Email: minden@wylaw.ca

Servicing
All Of Your
Real Estate &
Legal Needs In
Haliburton County

DAVID A.P. SHAPIERA LAWYER



**Mortgages
Sales • Leases
Purchases**

(705) 286-2021

60 Bobcaygeon Rd, Minden, ON K0M 2K0
Fax: (705) 286-3930 Email: lawshop@interhop.net

Haliburton Lake Trout: Haliburton's Own "Glacial Relict"

...And Now, For the Good News on the Environment!

by Stephen Patrick

We live in an age of unrelenting bad news about the earth's environment – rising oceans, smog filled cities, crazy weather patterns, terrible storms. The world's fishing stocks are at particular risk, with some scientists predicting large-scale multi-species population crashes at any moment. The collapse of the Grand Banks cod stocks in the early 1990s might be only the beginning of what could be a catastrophic end to a major food supply.

So in the midst of this all this doom and gloom the story of the survival of Haliburton's indigenous Lake Trout, affectionately known as the "Haliburton Gold" is one of the best good news stories of our time. But the trout's survival as a unique species over tens of thousands of years is only one part of this saga: the other is the spirited effort of Haliburton County's outdoors associations, volunteers, and government agencies and officials to ensure the fish survives and flourishes for this and future generations.

"This has been a real community success story," says David Flowers, a Fisheries Extension Officer with the Ministry of Natural Resources (MNR) Minden Office and one of the scientists who've been deeply involved with the lake trout fishery.

But to go back just a bit: some 10,000 years ago most of Canada was covered by an ice sheet up to four kilometres thick. As this ice cover finally receded a "glacial relict", a unique strain of Lake

Trout, was stranded in a few of the lakes that eventually became the Haliburton Highlands. Although many local Haliburtonians knew that these fish were different – they were smaller in size from most Lake Trout, had a distinctive gold shading, and delicious pink flesh, it wasn't until the mid 1980s that scientists confirmed the uniqueness of the species.

Dr. John Casselman, a senior scientist with the MNR, had studied the Haliburton Gold over many years, and finally, in the mid-1980s was able to prove that it was indeed one of the oldest and purest strains of Lake Trout in the world. This alone made it imperative to preserve its genetic integrity: almost all Haliburton Lakes had been stocked with various types of Lake Trout over the years, and there were fears the unique strain might be lost. The Haliburton Gold was found initially in only four lakes: Halls, Macdonald and Clear (on the Haliburton Forest Reserve), and Redstone.

To ensure the species would survive and flourish the Haliburton Lake Trout Project (HLTP) was born in the fall of 1997. Volunteers and professionals from the MNR, the Haliburton Highlands Outdoors Association (HHOA), and the Ontario Federation of Anglers and Hunters (OFAH) joined forces to "Build a Better Fishery Together".

And 10 years later the HLTP is celebrating its anniversary with an extensive information session filled with presentations and discussions about the success and challenges of the project, and its future. "This also gives us an opportunity to thank all our volunteers who've worked so tirelessly over the past 10 years," says David Flowers. "The HHOA volunteers have devoted literally thousands of hours to the project in the last year alone. The HLTP has become a model of how various organizations and individuals can work together to preserve and enhance wildlife programs all across the province.

"We've also managed to raise significant funds to go along with all the volunteer hours: almost \$150,000 has been raised through events hosted by the OFAH and the HLTP – which is just another example of how committed our community is to this program."

Already the project has seen Haliburton Gold stock that's been raised at the HHOA's Hatchery introduced to Misquabi, Grace, Esson and Farquhar Lakes. Other suitable lakes, like Koshlong, for example, may soon follow.

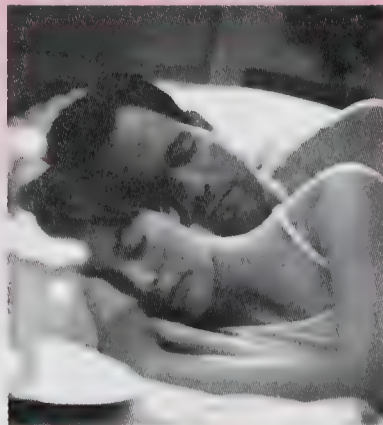
"We know that many of our volunteers and interested outdoors people have many questions about the findings of our scientists, and the future of the project," says Flowers. "This information session will provide a lot of answers to a lot of great questions. We urge everyone with an interest to show up and participate."

This is a great opportunity to celebrate some of the characteristics of Haliburton life that make it so unique: our love of the outdoors and its wildlife as well as the indomitable volunteer spirit and commitment of the community.

The Information Session will be held at the Haliburton Legion on Saturday, February 24th, with registration beginning at 9:30: sessions and discussions will go on until 3:30, and a lunch is provided. Facilitators for the Information Day will be Larry Hewitt and Keith Hodgson from the HHOA.

If you wish to attend please let Haliburton Highlands Outdoor Association know as soon as possible at 705 457-9664, or email Marilyn Wooder at hhoainfo@bellnet.ca.

Keeping Haliburton County Safe & Secure



McKee Security

& Telephone Systems

1496804 ONTARIO INC.

www.mckeesecurity.ca

fax: 457-4269

457-2156

Security Systems • Camera Surveillance
Home Audio Distribution • Structured Wiring
Satellite Dish Installation

'Self As Source of the Story: Personal Writing for Life and Legacy'

Facilitator: Brenda Peddigrew

This is a two-hour taste of a five-day experiential writing retreat. In these two hours, you will encounter the importance of personal writing today, whether in journal-writing, short-or-long story, vignettes, or poetry, and how it can both enhance your own life and create a legacy for family or culture. Short writing exercises will be given throughout the workshop.

This will be held in the Common Room at The Minden Hills Cultural Centre on Friday, March 9 from 1p.m. to 3 p.m. It is a part of the writer in residence series of programs and there is no charge for admission. Please call Pauline Johnson to register or for more information at 705-489-3878 or pauline.l.johnson@sympatico.ca.

Attention All Bosses....

According to a poll, 58 percent of those responding admitted that they had falsely called in sick to get a day off from work.

(Personally, I would have thought that number to be higher... not that I've ever done that... not me!)

A Day Of Winter Play Inuit-Inspired Activities on February 24 Promises Fun For Everyone

Local residents can chill out on the last Saturday of February by taking part in a day of winter play.

Winter Play is the name of the free event set for February 24 from 2-4 pm that features an afternoon of Inuit-inspired activities for families. The event takes place at the Rail's End Gallery, located at 23 York St. (on the edge of Head Lake Park) in Haliburton Village.

Families can take in an Inukshuk Project Show by award-winning artist Mary Intven-Wallace indoors at the Gallery, while also trying out free outdoor activities such as Inuit-inspired games, snow-sculpture contest, snowshoeing, Inukshuk building activity and more. Hot chocolate and a chili lunch will be available for sale.

The Haliburton, Kawartha, Pine Ridge District Health Unit, Health for Life and Rail's End Gallery and Arts Centre are teaming up on the Winter Day event. It is part of WinterActive, a national campaign that promotes ways for people to be active and stay healthy during the winter months.

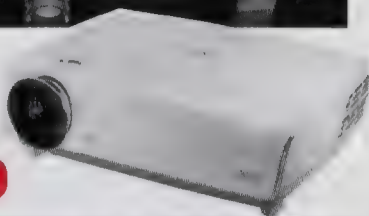
More information about Winter Play is available by calling the Health Unit at 457-1391, ext. 249, or Rail's End Gallery at 457-2330.

BRING THE THEATRE HOME!



Optima HD72 DLP
Home Theater Projector

**only
\$2,299.99**



**Popcorn sold
Separately!**

The Optoma HD72 projector is a true 720p, high-performance projector for home theater enthusiasts. The HD72 features new technologies to deliver brighter and truer colors to the projected picture. Outstanding color saturation and subtle color details create the highest-quality image possible. This true high-definition projector features Image AI, which automatically adjusts the light intensity output to deliver amazing contrast ranges. Lightweight, powerful and built with generous A/V inputs, the HD72 is an all-around performer that will make your home theater experience an unforgettable one.

Image size up to 304"
Projection distance: 3.9'-39'

THE SOURCE



**HALCO
ELECTRONICS**

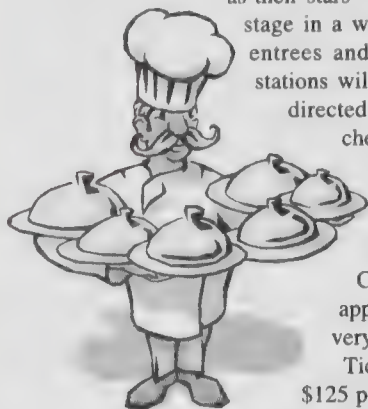
(705) 457-1590 • Cty Rd. 21, Haliburton

Your 1 Stop Computer and Electronics Store

Maple And Chocolate Promise "Sweet Dreams" For This Year's Feast Of Foods!

Join the Haliburton Friends Network at Fleming College's Haliburton School of the Arts on Saturday April 14th, 2007 at 6:00 pm for the 10th Annual Feast of Foods!

This year's production will have you marveling in "Sweet Dreams" as their stars "maple and chocolate" take centre stage in a wonderful selection of appetizers, entrees and dessert specialties. Four food stations will be presented for your pleasure, directed by some of the most renowned chefs in Haliburton County!



The evening will feature spectacular silent and live auctions featuring the inspired works of Haliburton artists and Fleming College graduates. Making an appearance again this year will be our very popular Looney Auction.

Tickets to this special production are \$125 per person. A charitable tax receipt will be issued for a portion of the ticket price.

There is only room for 112 guests and tickets sell-out fast! All proceeds from this event will go to support bursaries, scholarships and special projects at the Haliburton campus.

To reserve your tickets please contact Nicole Lytle toll free at 1-866-353-6464 ext. 1204.

Well Drilling
Geothermal
Certified
Well
Technicians
705-457-9558



DUMB CRIMINALS

Fancy Getaway:

In what should be placed in the 'You've Got To Be Kidding Me' category, it looks like a man on the way to the airport hired a limo and allegedly robbed a bank along the way.

The man hired the limousine and asked the driver to stop at a Bank of America branch and wait for him outside, according to a police spokesperson.

When inside the bank, the first class thief allegedly held up two tellers by "simulating a gun," and then used the limousine for his get away. The driver, oblivious to what had happened inside the bank, headed for San Francisco International Airport.

A witness followed the limo and called police, who stopped the car. The unidentified driver was released.

Police recovered all the money and placed the robber who pulled the heist in jail.

Get it "Write" Next Time:

An unclear holdup note may have botched a burglary attempt. Police are searching for two unidentified men wanted for passing a hold up note that was so confusing the clerk had to ask what it was, sparking a spat between the suspects who gave up and left the store.

The two would-be robbers entered a 7-Eleven store and lingered around for several minutes before picking up several items and carrying them to the checkout counter, according to the clerk.

The shorter of the two men told the clerk he needed to get some money from his car. His suspected accomplice followed.

After spending about five minutes outside, the two re-entered the store. The shorter man had a checkbook in hand and asked the clerk for a pen, according to police.

The man then handed the clerk his checkbook with a carbon copy of a check bearing the words, "put it in the bag." Below this phrase was a cryptic statement the clerk claims was some sort of threat, according to police.

The clerk, apparently confused by the odd note, reportedly asked the shorter man, "What is this?"

The man allegedly responded he did not know because his companion had written the note. The men began to argue over the note before leaving, the clerk told police. They drove away in a dark-colored Suzuki, police said.

Police suspect the pair may be responsible for a similar 7-Eleven robbery just a few days earlier.

St. Saint

**GRAB YOUR SKIS & BOARDS
AND HEAD TO THE
HILLS FOR
GREAT MARCH BREAK
SKIING!!!**

Box 180 Haliburton, Ont, K0M 1S0

www.sirsams.com

754-2298 Fax: 705-754-1563

Plumbing, Heating & Electrical SALE



PRICES REDUCED!!

Toilets, Vanities,
Showers, Mirrors,
Faucets, Whirlpool
Bathtubs, Sinks, Sump
Pumps, Hoses, Water
Softners, Heaters, Water
Coolers, Medicine
Cabinets, Filters, Valves,

PRICES REDUCED!!

Light fixtures, Ceiling
Fans, Bulbs,
Receptacles, Switches,
Plates, Electrical Tape,
Thermostats, Fans,
Freeze Alarms,

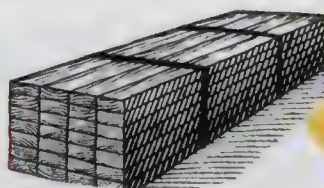
PRICES REDUCED!!

Wall Heaters
Space Heaters
Stoves

HURRY. SALE ENDS MARCH 3RD, 2007

See our flyer (available in-store) for more details

Home
hardware
building centre



Minden
Home hardware
& Building Supplies

Fax 705-286-4544 Lumber 705-286-2514

Main Street, Minden

286-1351

VISA



WHERE ARE THEY NOW??

Butch Patrick

Known best as Eddy from The Munsters

Birth name - Patrick Alan Lilley

Sometimes Credited As: Patrick Lilly / Butch Patrick-Lilly

Butch was born on August 2, 1953, in Los Angeles. He made his acting debut in 1961, at age eight, opposite Eddie Albert in the film *The Two Bears*. While living in Illinois with his grandmother, Butch was flown to Los Angeles to test for the role of Eddy Munster at CBS Studios. "I went in and an hour later I came out with the job," he recalls. Although a cute little kid, he could play brat parts easily. Aside from acting, an underlying interest throughout his life has been baseball. (His step dad, incidentally, is Ken Hunt, who played for the Yankees and for the Washington Senators briefly.)

Besides his two-year stint as a wolf boy with pointed ears in *The Munsters*, he was a regular on TV's *The Real McCoys*, *General Hospital*, and *My Three Sons*. In between, he appeared in numerous commercials and guest

spots on many situation comedies throughout the sixties. In 1971, Butch starred in the Saturday morning kid's series about a strange world populated by living hats, *Lidsville*, opposite Charles Nelson Reilly. This show lasted until 1973 and zoomed

Patrick into a teen-idol phase of his career, with his face gleaming on the covers of several teen magazines of the early 1970s. In recent years, he formed his own band, Eddie and the Monsters, and put out a single, "Whatever Happened to Eddie?" which brought him some notoriety from his role on *The Munsters*. It was because of that single in 1983 Butch is proud that MTV created the 'Basement Tapes', which gave exposure to unsigned bands. Patrick doesn't mind talking about being Eddie Munster anymore, but at one time he was bothered by it. He even boasts

that he has saved the original Woof-Woof doll after all these years.

Where are they now

2000 - Lives in Odessa, Florida with his live-in girl friend, Pamm Curtis. He owns a promotions company and appears at nostalgia conventions.

(May 2004) He is co-host of Macabre Theatre.
www.macabretheatre.com

(May 2004) Lives in Gardena, California. He owns a promotions company and appears at nostalgia conventions. Usually booked solid for Halloween parties and events due to his "Munsters" association. Ranked #45 in VH1's list of the "100 Greatest Kid Stars".



Party

March 8, 2007

8:00 - Midnight

at the

Gooderham Community Centre

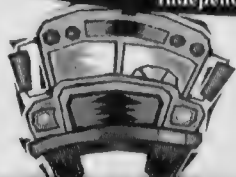
\$10.00 per person

NOTE: This is a youth event (AGES 11 TO 18).
There will be NO smoking or alcohol prohibited.
One you enter you cannot leave and re-enter!

LIMITED TICKETS AVAILABLE!!!

Tickets will be sold at the following locations throughout February
Golden Stationers, Village Chalet Family Restaurant, Ray's Pizza, Henwood Variety, Video City, Sherri's Truck Stop
GOODERHAM COMMUNITY CENTRE
(MONDAY EVENINGS 7-9PM)
GOODERHAM POST OFFICE 9:30-4PM

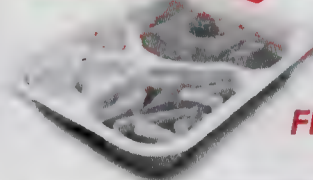
Thank you to the many businesses that have already donated to this event (Including IGA and Independent Grocers in Haliburton!)



Buses will be provided on the night of the event.
Pick up and drop off provided
Haliburton High SS 7:30pm
Archie Stouffer ES 7:00pm

If you have any questions about this event contact Meg at megs0880@yahoo.ca or by phone at 447-3481 between 5-8 p.m.

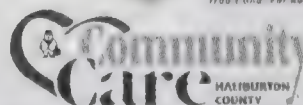
Are You Eating Properly?



Why not try

Meals On Wheels?

FREE DELIVERY anywhere in Haliburton County.



For More Info Call us..

457-2941

Providing services to seniors (55+) and adults with disabilities and / or illness (18+) throughout Haliburton County

Legion News

HALIBURTON



By Chris Briggs

In the Legion news we held a super bowl party that turned out very well. There was plenty of food and fun was had by all. Thank you to everyone who helped out with the days event. Some dates to remember are the second Thursday of the month is our general meeting starting at 7:30pm. Please attend as this is where you can make suggestions and ask any questions you might have about the Branch. Everyones input is important. Whether you have been a member for 30 years or for one month, new faces bring fresh ideas and keeps the Legion up with the times. And with years of experience comes guidance and wisdom to avoid pitfalls. So make an effort to participate and keep the Legion up and running to serve the community of Haliburton.

Upcoming Events:

We are still looking for card players for Mondays starting at 7:00pm. Also darts are Tuesday night at 7:30pm, Wednesday is pool night at 7:15pm, Bingo is also Wednesday starting at 7:00pm. Friday is the meat draw starting at 4:30pm. Thank you to IGA for supplying the meat for this event. Because of their excellent quality meat our draw is one of the best in the district.

The Violet Maughan shuffleboard tournament will be held Feb 17, registration is at 10:00 am games starting at 11:00 am. It is \$5.00 per person per event. Food will be available.

A Sad Goodbye

On a sad note I would like to say goodbye to Joan McKay. Joan was a Legion member and also participated and ran the Wednesday night pool league. Even though Joan worked she still found time to pop into the Branch and with her was her warm smile, her fiesty attitude and wonderful sense of humour. She was quick to tell you what she thought and she would be the first to wrap her arms around you and give you a hug. She was a wonderful friend, a great mom and she will be missed more than anyone could imagine. So as we go about our busy day just remember these words from a lady who lived them. "Don't worry about it just have fun". Bye Joanie.

The 48-Day Challenge – Be The Director – Anyone Can Make A Movie

March 3 to May 5

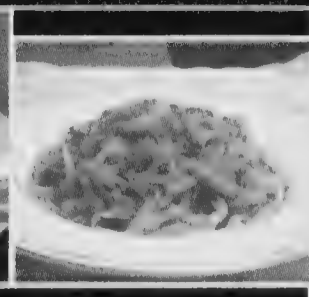
Highlands Media Arts wants to put you in the director's chair! Now anyone can make a movie! The 48 Day Film Challenge is a film contest that challenges you to create a 5-minute film by condensing the entire creative process into a mere 48 days.

The registration fee of \$20/team includes FREE film workshops, a discount at York St. Internet Café, and entrance to the 48-Day Challenge Final Event.

Over the course of the challenge, a series of film-making workshops will be held. Special guest instructors such as Brigitte Gall, will provide professional instruction each step of the way. You will learn things like how to hold a camera, how to get the movie from the camera to the computer, how to use free movie-making software, how to plan your film, how to edit and how to burn it onto DVD when you are done. Individual assistance will be available. Stay tuned for dates and times.

On May 5, all films will be screened at the Highlands Cinema in Kinmount. For more information contact Tammy Rea at Highlands Media Arts (705) 286-4179 or highlandsmidiaarts@gmail.com.

Steak Pasta Ribs Seafood
Ribs Seafood Steak Pasta
Seafood Steak Pasta Ribs



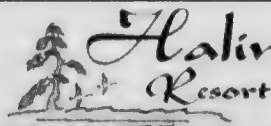
Alberta, Angus &
AAA Ontario Beef
Homemade Pastas

Extensive Wine List
Large Children's Menu
6 Draughts on Tap

Open 6 days a week from 4 p.m.
Closed Tuesdays

The
Pepper Mill
STEAK & PASTA HOUSE
(705) 489-1939

Hwy 35 South of Carnarvon 489-1939



GREAT VIEW!
GREAT VALUE!

Overlooking Lake Kashagawigamog
Offering modern accommodations &
dining, with a full menu & licenced bar
RESERVATIONS REQUIRED!

County Road 18 - Haliburton
(705) 457-1300 (800) 223-7322
www.halimar.com

Exploring the Expressive Arts: Fay Wilkinson takes part in an upcoming exhibit that celebrates the creative spirit

by Lea Harper

Illisaiji, the Inuit word for teacher is 'someone who creates an environment where wisdom can reveal itself.' This is how Fay Wilkinson, an instructor and practitioner of the expressive arts, has been described. The Creative Cocoon, Fay's home studio in Eagle Lake is the fertile ground where the creative spirit can be incubated and nurtured – an ideal spot for workshops and retreats in all manner of artistic discipline. A day with Fay is a super sensory experience. As a performance artist, Fay interpolates music, movement and visual art. She is a storyteller, a mask maker, artist and percussionist – a weaver of magic.

Entering Fay Wilkinson's "Cocoon", one is reminded that at the root of all creative endeavor is a willingness for self reflection and 'play'. I walk in from the snow-covered expanse of woods and lake and am immediately wrapped in soft music, sensual colors and slow rising incense. Fay's masks adorn the walls, hang "free floating" from the ceilings, peer out from corners and nooks. They are vivid and startling and seem almost imbued with life. Is this possible? 'Possibility' might be a word Fay herself would choose when inviting her students or audience to join her on the very personal journey into expressive art. You meet with no resistance when diving into a lake. The waters part and the depths rise to meet you. It is just this sort of power that Fay exudes – one that gently coaxes and guides others to explore, express and experiment, to experience more fully the joy of being themselves. The result is transformational.

"Finding My Voice" is the overall theme Fay has explored for the upcoming "Inside Out and Outside In" exhibit at the Agnes Jamieson Gallery in Minden which opens to the public on March 10th from 1-4

p.m. and will run through until March 31st. Joining Fay will be Dr. Brian Nicholls and Marilyn Smith. Fay refers to Brian as "the champion of expressive arts." Brian "spearheaded the program" here at Sir Sanford Fleming College where Fay (herself a graduate of the Expressive Arts Post Graduate Program) is now co-coordinator and instructor of an intense eight week certificate program in the Spring. Brian's work in a creative capacity with children in Africa suffering from AIDS inspired several paintings which will be part of the exhibit. Marilyn Smith's acrylics are a self portrait, a personal journey.

There are several dimensions to the exhibit. There will be a video room that captures Expressive Arts in Action. This short film follows the three artists to their respective studios in Haliburton, Toronto and Peterborough through a series of "snapshots". Curator Laurie Carmount did the videography, Fay Wilkinson narrated, Jake Wilkinson composed and performed and Tammy Rea from Highlands Media

Arts compiled and edited. More than just artists' profiles, the video explores the creative process as Fay, Brian and Marilyn collaborate on a difficult theme and 'play it out' through a metamorphosis of poetry, movement and art. "Hate," Fay says "is one of the hardest things to express, to think about... We are capable of it. Is it harmful? Justified? There are no easy solutions." As the delving progresses, "interesting polarities arise – a counterpoint. It's what we do when things are out of balance," Fay says. Marilyn, for example chose to travel from "anger to forgiveness" – making herself a swan.

There will be information panels in the corridor of the gallery which will help open the floodgates onto the expansive world of expressive arts. As well, there is a room where visitors may 'create'. A wealth of materials will be provided.

A number of Fay's clay pieces and masks will be on display. Some masks are made from raw wool, wet felt and organza. When washed "the wool shrinks, but organza doesn't," Fay says, "so you get amazing texturing." Others are cave-like constructions of painted cotton muslin with stories or photographs lining 'their walls.' The pieces are dipped in melted beeswax and paraffin "which shapes as it cools". The result is something tough as leather and yet almost diaphanous, like parchment, which allows the light to shine through. At the Opening on March 10th, Fay will share one of her stories and Brian will air his performance video 'Mona Lisa.' Fay promises, "It will be an action packed afternoon."

Fay herself has gone through some remarkable transformations in her life. Till the end of the 1990s, she worked in the corporate environment, out of Orangeville – Questeq learning programs – her own business – training and consulting, customer service and sales. She counted Bell, Hydro and Eatons among her clients. But something was missing. "I found it increasingly harder to get out of bed in the morning. It was sucking my soul," Fay says. As well, she and her husband had parted ways. Her sons (one a musician, the other a photographer) had grown and gone. Fay rented a little cottage and things started opening up. In the early 1990's she'd studied at the Sheridan School of Craft & Design while maintaining her consulting business. At the close of the millennium, she traveled to England to study with a master mask maker who also



Kosy Korner
Family Restaurant

HIGHLAND ST. HALIBURTON
457-2810

DAILY SPECIALS!
7 DAYS A WEEK
6 A.M. - 7 P.M.
ALL DAY BREAKFAST!

DECADENT DINING
CALL FOR RESERVATIONS

Bonnie View Inn • Haliburton
South Kashagawigamog Lake Rd
www.bonnieviewinn.com
457-2350

FULL MENU

Exploring the Expressive Arts cont'd...

... from pg. 24

taught her how to "move with masks in authentic, meaningful ways." Now her work is in private collections in Canada, the U.S., Australia and Europe.

In 2002, Fay moved to Haliburton County, settling in Eagle Lake. Having grown up in the N.E. of England in a house right on the seaside, it seems fitting she should live again on the water. And Fay's experience as a corporate communications director may have helped her in some ways as an expressive arts facilitator. She knows how to bring people together, how to initiate and encourage dialogue. Fay also spent time with "voice coach extraordinaire", Kate Hennig, in Toronto, something she says she couldn't have done "without the support of the Haliburton County Development Corporation."

Fay has worked with the Canadian Mental Health Association in Peterborough. Here, her artistic skills are directed to the therapeutic and although she doesn't necessarily see herself as an 'art therapist' she recognizes "the clarity, direction and understanding" that comes when given the opportunity for creative self expression. As with her work in Hospice and Palliative Care, she provides "the tools...using a multi-modal playful approach". Her belief is that "we all have the answers".



"Our bodies hold memories on a cellular level. Art making is a way to tap what we have inside us. The part of the brain that the creative process stems from is the same part of the brain that deals with physical healing," she says. Fay feels that healing is not so

much about "getting better" as it is about "letting go of everything that is not you."

Last summer, she was called upon to participate in a marathon storytelling event. On Taylor Lake near Ottawa, twenty storytellers were invited to act out portions of the Mahabharata – an ancient epic Sanskrit poem depicting life's journey to liberation. In a version inspired by a Peter Brook's stage production, each were given a chapter to read and 45 minutes to perform. Although organized by Jennifer Cayley and Jan Andrews, it was fellow storyteller, Jim Blake who got Fay involved. Fay describes it as was "one of the most challenging and rewarding telling experiences." Fay and Jim Blake have worked together before. Once a month they go into Highland Woods Long Term Care. Sometimes the function of art is to express for others what they themselves cannot. The stories "trigger" a response. Often the elderly hold Fay's hands as she is leaving and are reluctant to let go. Yes, through art, wisdom is revealed. It can also bring hope and happiness.

Be sure to mark March 10th on your calendar. From 1-4 p.m., you can meet the artists, participate in the expressive arts experience, listen to Fay's storytelling and view the videos. "Inside Out and Outside In" runs through to the 31st of the month. On March 15th at 6:30 p.m., the Artists' Profiles will be shown in its entirety. Admission by donation. The workshop Fay will facilitate – Mask as Wisdom Keeper – will run from 6 – 8 p.m. March 20th at the Agnes Jamieson Gallery, cost tba.

MARCH BREAK ART WORKSHOPS

at the

Agnes Jamieson Gallery
176 Bobcaygeon Road, Minden

March 12 to 16
9:30am to 4pm each day

Age: 8 to 14 (recommended)

Materials supplied – unless otherwise stated. Lunches are required. COST: \$25 per child per workshop OR \$80 per child for entire week. Pre-register by calling the gallery at 286-3763 **Sponsored by: Minden Rotary**

March 12th - Wire Animal Sculpture

Instructor: Charles O'Neil

What better thing to do in the Highlands? Charles is well known for his amazing wire sculptures. He will work with the children in a step-by-step manner to create a wire animal sculpture. If possible please bring the following: leather gloves; safety glasses; needle-nose pliers; side-cutters and apron. Wear old clothes.

March 13th - Basic Soapstone Carving

Instructor: Kim Warne

Carving is a tradition and important to many cultures as their way of capturing their heritage, most notably the Inuit. Children will learn the process behind soapstone carving and will be given pre-cut stone to carve into a loon. (Workshop may go 2 hours into the following morning in order to complete the carvings.) Participants must wear old clothes, bring a flat plastic container and an apron.

March 14th - FUNKY Textiles

Instructor: Nadine Papp

Nadine will work with children in the latest textile designs and trends in creating a piece of funky wear. Children will be encouraged to try a series of techniques including dying, silkscreening, painting and appliquéing. Each will work on creating design patterns and implementing other materials with fibre such as metal, beads and embroidery. Please supply a T-shirt per participant – preferably plain white and washed.

March 15th - Portrait Painting

Instructor: Jenn Wainless-Craig

Children will have fun learning the basics on drawing a portrait, discussing gestural drawings and the proportions of a face. Each will work at sketching different angles of themselves and others. Then choosing their favourite, each will receive a canvas to paint with acrylics their favourite portrait.

March 16th - Shadow Box Collage

Instructor: Laurie Carmount

Children will be asked to bring in a series of items which have a profound meaning to them and hold memories. After a brief discussion about what a memory collage is and viewing well-known artist work in this discipline, children will work with shadow boxes each creating an incredible keepsake.



The Boy Scouts Are 100 Years Old



Girl Guides of Canada Guides du Canada

This year is the 100th anniversary of the formation of the Boy Scouts. The Girl Guides organization is having its centenary in 2010.

The beginnings of Boy Scouts and Girl Guides can be traced back to events during the Boer War. This war took place between England and what is now known as South Africa, at the end of the nineteenth century, and beginning of the twentieth.

An officer named Robert Baden-Powell was assigned to an area called Mafeking. It was a difficult area to defend, as he was under siege by 9000 Boer troops, with only 1000 English men to protect the town. Every single one of the 1000 soldiers was required, and Baden-Powell attempted to find ways to relieve soldiers from duties such as messengers, signalers, and first aid attendants, so that they could assist in defending Mafeking. He requested that boys, too young to work as soldiers, assist him by working as messengers, lookouts, runners, signalers, and first aid attendants. The boys who helped were usually around the ages of 11-15, and called themselves the Mafeking Cadet Corps.

After 217 days of siege, Mafeking was saved by the arrival of other British troops. Baden-Powell (or B-P, as he was later known) became a national hero in Britain. The role the boys played in the Cadet Corps also became well known, particularly among young boys. They started using an army training manual that had been written by B-P, to learn the same things that had been done by the Mafeking Cadet Corps. These activities were called "scouting", and when B-P discovered the keen interest in his book and in "scouting", he decided to rewrite the book and make it more suitable for boys. To rewrite the book, B-P met with various educators, including Madame Montessori, and other youth leaders of the time. He conducted an experimental camp of scouts, and then set his ideas down in a book called "Scouting for Boys". Boys in the movement became known as "boy scouts," and ranged in age from 11-15. The ideas quickly caught on in Britain, and scouting came to Canada in the spring of 1908, just months after the book "Scouting for Boys" was published in England.

In 1909 two girls decided that girls should be able to be Boy Scouts too! They shocked Lord Baden-Powell by showing up at a Scouting meeting, having registered using their brother's Scouting books. Lord Baden-Powell had his sister Agnes start a Scouting movement for girls and the Girl Guides were

established in 1910 with the first registered company (group of Guides) in Canada being formed in St. Catharines, Ontario. Today there are over 140,000 Girl Guide members in Canada. In 1910 Baden Powell also wrote to Earl Grey to ask him to organize Scouting in Canada. Since then, every Governor General has been the Chief Scout. The current Governor General and Chief Scout is Her Excellency Michaëlle Jean.

In 1927 Girl Guide leaders in Regina had the idea of baking and selling cookies as a fund-raiser for their Girl Guides group, starting a cookie-selling tradition that continues to this day. In 2007, more than 25 million youth and adults, boys and girls, take part in Scouting programs in 216 countries and territories worldwide. Over 78,000 young people enjoy Scouts Canada's programs, which are provided by 24,000 caring and dedicated volunteers.



World Thinking Day is February 22

February 22nd, the joint birthday of Lord and Lady Baden-Powell, is World Thinking Day, a day on which Girl Guides and Girl Scouts throughout the world remember their sisters in Guiding and celebrate international friendships. It is a time for global education, special ceremonies, parties and activities that foster an appreciation of the uniqueness and similarities of people everywhere. In Canada, the Guides and Scouts join together to raise money for the Canadian World Friendship Fund. This year's theme is "Discover your Potential".

Canada celebrates Guide-Scout Week from the Sunday before Thinking Day until the Saturday after – falling this year from February 18 - 24. At this time, Members of Girl Guides of Canada and Scouts Canada plan special activities to promote the movements. Although Guiding and Scouting are two separate organizations, this dedicated week is an excellent time to hold joint events, and many communities are doing just that.

Girl Guides have been in Haliburton from the early 50's and at that time the group was run by the Salvation Army located in the building which later became the Cranberry Cottage in Haliburton village. Greta Sawyer was one of the early leaders. There are 27 members in Haliburton, in different divisions, ranging from girls as young as 5 years old, and going up to young women aged 18. In Minden there are approximately the same number. There are other Guides groups in Wilberforce and Kinmount..

Nancy Watson is the Haliburton village and Wilberforce representative of the Girl Guides and she has been connected with them for 28 years or more. "The girls do community service,"

Scouts / Guides Cont'd.... pg. 27...



100 Years of Scouting!



explains Nancy. "They entertain long term care patients, and do all the parades, like the Christmas Parade. They will do almost anything they are asked to do in the community." Guiding offers unique opportunities for girls and women to develop to their fullest potential.

The Boy Scouts came to Haliburton in the mid 1940's, and meetings were thought to have been held in the United Church in Haliburton. Interest dwindled away for awhile until Len Salvatori and Walter Web got it up and running again about 1953. Len was a leader for over 30 years, but once again numbers declined and today there is no Boy Scout group in Haliburton village.

In Minden the Boy Scouts group is run by Brian Kernohan and Janet Hirstwood. Janet has been associated with the Scouts for 20 years. "The Minden group is the only Boy Scout group in Haliburton County, though our huge district incorporates places like Fenelon Falls, Coboconk, Kinmount, Lindsay, Pontypool and Cannington," says Janet. At the present time we have 2 Scouts, (11-14 yrs of age) 9 Cubs (8-10), and 19 Beavers (5-7). We've had it the opposite way," she explains. "We've had 60 kids, but some years it's 10. It goes up and down, but we've more than doubled in the last 3 years. It varies with the amount of kids in school. I have done everything, Beavers, Scouts, Venturers (14 and up). Right now I'm Cub Leader and I go wherever there's a shortage. Our group committee decides who does what. The parents, if they are a leader like me tend to go with their child as the boy moves up from Cubs. My children are grown now, but it's a lot of fun, and I like to do those things like camping, and campfire games and field trips." The Scouts also engage in crafts, badge work, survival skills, canoeing and hiking.

The Boy Scout and the Girl Guide motto is 'Be Prepared,' and for Janet Hirstwood Scouting is an excellent way for boys to learn to become good citizens. "It teaches them so much; like responsibility and respect." Part of the Scout Oath is "To help other people at all times, to keep physically strong, mentally awake, and morally straight." Janet likes to think that "we can teach them to respect themselves and other people and

to care about the environment. We talk about a lot of stuff like physical appearance, and keeping clean, and keeping things neat and tidy. We also have the OPP come in to talk about drugs." The Scouts are very active in the community. They have planted trees in the Village Green in Minden, as well as

helping the MNR in their tree planting programs. The Scouts also participate in parades and Remembrance Day events, and are also helpful in the community clean-up days.

Some of the objectives of the 100th anniversary celebrations are: to celebrate 100 years of Scouting, to demonstrate the unity of World Scouting, to improve and promote the quality of Scouting, to promote peace, to demonstrate a commitment to nature and the environment, and to show concern for all communities.

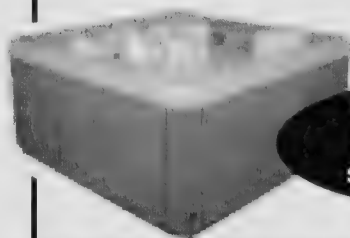
If you would like to find out more about the Boy Scouts of Canada, about how to join, or how to enrol your boy in the local group, call

Janet Hirstwood at (705) 286-6979.

To find out more about the Girl Guides of Canada, or for the group that's nearest to you call Nancy Watson at (705) 457-1794. The Guides would also like to pass on the message that cookies will be available starting March 19th.



Thinking about a spa? Here's the best



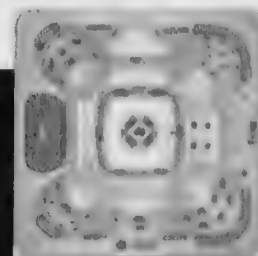
Special Promo
6 person tubs
starting at \$3599

Artesian
SPAS
authorized dealer

HARRISON HOT TUBS

"The Pump Guy"

Chris Harrison
754-9380

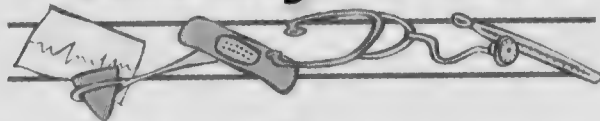


New / Used Hot Tubs
Hot Tub Rentals
Full Chemical Line
Spa Filters Spa Covers
Pools

In 2007, the Haliburton, Kawartha, Pine Ridge District Health Unit is restarting its monthly column/opinion pieces. These will be featured in The Communicator under the heading "Healthy Views". The Health Unit and The Communicator hope you find these columns of interest. The columns are meant to be topical and timely.

To start the ball rolling we present the first column/opinion piece that takes a look at the debate about banning smoking in vehicles. It is written by Anne-Marie Cyr, the Tobacco and Cancer Prevention Programs Manager at the Health Unit.

Healthy Views



By Anne-Marie Cyr

Tobacco and Cancer Prevention Programs Manager
Haliburton, Kawartha, Pine Ridge District Health Unit



Anne-Marie Cyr

How far should we go to protect children from second-hand smoke?

The Ontario Medical Association (OMA) – the professional organization that represents physicians in Ontario – suggests we look to Bangor, Maine, for the answer. In January, Bangor city council approved a measure that bans adults from smoking in a motor vehicle that is transporting anyone under the age of 18. Violators can be stopped by police and fined up to \$50 (U.S.).

Bangor's ban on smoking in cars is one of the first of its kind in the world and has drawn plenty of interest and controversy.

As a parent, I see plenty of merit to such a ban. I have two children, and the mere thought of them sitting in a car having to breathe in someone else's cigarette smoke is disturbing to me. I'm sure others would share that viewpoint.

The Ontario Medical Association is just as supportive of the Bangor ban and urges Ontario to follow suit because it will better protect children from deadly second-hand smoke. While Ontario has made headway with the *Smoke-Free Ontario Act* that bans smoking in public places and workplaces, the OMA urges more action. The medical association backs its point with research that shows second-hand smoke in vehicles can be 23 times *more* toxic than in a house because circulation is restricted within the small space.

It's hard to ignore the argument put forward by Ontario doctors. That's especially true given a current law requiring

public health officials to report parents to the Children's Aid Society who refuse to get the necessary dental care for their children. It could be argued parents who allow their children to breathe in deadly second-hand smoke in the small confines of a vehicle should face consequences too.

Speaking as one parent to another, I would encourage smokers who have children to protect their loved ones from being exposed to deadly second-hand smoke...in a vehicle or at home. Take your habit outside, or even better, remove the temptation entirely by starting on the road to smoke-free living.

February is a good time of year to be a quitter. Smokers have until the end of February to sign up for the *Driven to Quit Challenge* at www.driventoquit.ca. The Challenge encourages smokers to stay smoke-free for the entire month of March and, by doing so, gives them a chance to win a brand-new Acura CSX car and other great prizes.

Smoking is addictive and can be hard to quit. The Haliburton, Kawartha, Pine Ridge District Health Unit can help by providing tips and resources for people trying to become smoke-free. As well, the Health Unit is hosting a free quit-smoking information session on February 21 at 7 pm at its office (191 Highland Drive, Unit 301) in Haliburton Village. More details – and how to register – are available by calling (705) 457-1391. The event is perfectly timed for smokers who want to take up the *Driven to Quit Challenge* and win.

After all, driving away in a brand-new Acura is a great incentive to quit smoking. However, an even bigger prize is enjoying better health and clearing the air so children aren't forced to breathe in second-hand smoke in a car. That's a winning formula...whether in Ontario or Bangor, Maine.

**The Drive
to Ban
Smoking
in Vehicles
Picks Up
Steam**

Thank you for helping us
"Reach for the Future"



A Foundation For The Health Of The Highlands

Box 1413
Haliburton, On
K0M 1S0
457-1580

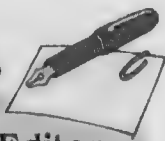
Box 30
Minden, ON
K0M 2K0
286-1580

foundation@hhss.ca
www.hhhs.on.ca/foundation.htm



Open Forum

Letters To The Editor



Drug Problem in Haliburton County?

The following was sent in by a reader via email...

Dear Editor:

In light of the recent events in our county I thought this was an appropriate time to remind people that we did have a drug problem in days past.

The other day, someone in our town read that a methamphetamine lab had been found in an old farmhouse in the adjoining county and he asked me a rhetorical question. "Why didn't we have a drug problem when you and I were growing up?"

I replied, I had a drug problem when I was young:

I was drug to church on Sunday morning. I was drug to church for weddings and funerals.

I was drug to family reunions and community socials no matter the weather.

I was drug by my ears when I was disrespectful to adults.

I was also drug to the woodshed when I disobeyed my parents, told a lie, brought home a bad report card, did not speak with respect, spoke ill of the teacher or the preacher, or if I didn't put forth my best effort in everything that was asked of me.

I was drug to the kitchen sink to have my mouth washed out with soap if I uttered a profanity. I was drug out to pull weeds in mom's garden and flower beds and cockleburs out of dad's fields.

I was drug to the homes of family, friends, and neighbors to help out some poor soul who had no one to mow the yard, repair the clothesline, or chop some firewood; and, if my mother had ever known that I took a single dime as a tip for this kindness, she would have drug me back to the woodshed. Those drugs are still in my veins and they affect my behavior in everything I do, say, or think. They are stronger than cocaine, crack, or heroin; and, if today's children had this kind of drug problem, Canada would be a better place.

God bless the parents who drugged us.



**MAGIC TOUCH
DAY SPA**

FULL SERVICE AESTHETICS

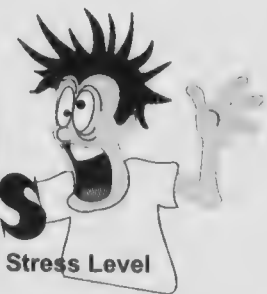
705-457-5043

V&S Stedman's Mall, Lower Level
187 Highland Street, Haliburton

*Enhancing your natural beauty
with the Magic Touch!*

STRESS BUSTERS

Quick Tips To Lower That Stress Level



Make It Fun!!

Researchers at Texas Christian University in Fort Worth found that people were more committed and successful at making healthy changes if they focused on specific actions they could take to make the change more enjoyable, rather than on reasons to make the behavioural change enjoyable. In other words, if you want to begin an exercise program, don't think about all the reasons to enjoy exercise. Instead, think about all the practical steps you can take to make it fun.

Hearing Tests at **NO CHARGE** to You!

Minden / Haliburton HEARING SERVICE

41 Main St., Minden & Halco Plaza, Haliburton

Gordon L. Kidd

Registered: Hearing Instrument Specialist
Hearing Instrument Dispenser

Testing in Wilberforce every 3rd Tuesday

457-9171 • 286-6001
1-866-276-7120



Tongue Twister



Inchworms itching.



**Do you feel like a pot about to boil
over trying to live with someone
with a mental illness?**

Reduce the heat by attending a **FREE** 10 week Family Education Program designed to help increase knowledge of mental illnesses and coping skills. 6:30-9:00 each Wednesday evening beginning March 28, 2007. Location to be announced. Anyone interested in attending, or receiving more information about the program, call **888-454-8875 ext 32** or email **fcn@nexicom.net**



Owner to Owner
real estate ltd.

LIST NOW FOR THE COTTAGE SHOW!

ph: 705.754.3720 web: www.o2orealestate.ca
email: contact@o2orealestate.ca



Cozy Waterfront Living on Kushog-\$359,000



Rustic and cozy 3 bedroom year-round home or cottage, with a massive 394 feet of frontage on Kushog Lake. 4 acre+ lot with lovely lake view and hardwood bush at back of lot. Newer decking and fully renovated kitchen are complemented by original hardwood flooring and cozy propane stove. Close to snowmobile trails and great fishing. Lakelront lots with this frontage are few and far between!! call... 705.489.4184



Custom Brick Home w. Acreage-\$284,900



Custom-Built Brick Home on over 21 well-landscaped acres of Haliburton wilderness. Plenty of space to play with large pond w/dock and many outbuildings including Guest House, Garage/Workshop, Boathouse and Sugar Shack. Well Kept family home includes massive master bedroom, large stone, propane fireplace, newer kitchen w/propane stovetop and ceramic tile, and large workshop/fitness centre. For entertaining, this home has extensive decking w/DecTec™ waterproofing, large gazebo and fenced in yard for the kids or pets. Trails cut through a mature mix of hard and softwoods lead to the Burnt River. For more details call... 705-447-3320.



Modern & Immaculate-\$274,900



Large family home tastefully decorated in the heart of the Haliburton Highlands. 4 BR home built in 2005 and immaculately finished. Hardwood and Ceramic throughout, with custom windows and cathedral ceiling. Custom Kitchen with maple cabinets, breakfast bar, b/in MW and DW, and extensive pot lighting. Efficient FAO furnace w/HRV™. Master Bedroom w/large ensuite - walk-in shower and Jacuzzi-tub. 26x30 insulated garage w/hydro. Minutes to town this home is on a year-round road close to OFSC trails and public lake access. Call the Owner, 705.457.9343.

Near Sir Sam's Ski Area - \$114,900



Here's your chance to get in on the Eagle Lake Boom. Approx. 800 sq ft winterized chalet with full septic and drilled well sits just minutes from the top of Sir Sam's Ski Area. Awesome rental potential, or bring your finishing touches and stay for the long haul! Extremely Private, but close to all amenities. With the ski season upon us, this one will not last. 519-792-9132

Eagle Lake Acreage- \$52,000



19 ACRE EAGLE LAKE BUILDING LOT! This 19 acre lot is located directly off County Rd 14 (Haliburton Lake Rd). With the driveway in and partially cleared building site you can build your dream home or getaway here. Mixed Terrain with your first 5 years of firewood, down from the storm!! Owner... 705-754-3227

Owner to Owner Real Estate Ltd. never creates agency, or acts on behalf of advertisers. Trades take place between buyer & seller. All of the above information has been provided by the seller, and Owner to Owner will not be held liable for errors or omissions resulting from the ad.

So You Think It's Cold?...



**Price is what you pay,
value is what we deliver**

**Your #1 Source for Cottage Rental in the
North Country!!!**

**Cottage Owners -
Now is the time to list your
cottage for 2007**

www.ontariocottagerental.com

705-457-9434

Email - info@ontariocottagerental.com

Celebrating Our 10th Anniversary



*These pictures
were sent in by
a reader. They
are pictures of
an ice storm
that took place
in a town
called Versoix
which is
located near
Geneva City
in Switzer-
land. The*

*water in the background is the Leman Lake. Now this is Cold.
So next time you look outside and think, "Geez it's cold here"
- pull out this issue of The Communicator and say to your-
self... "It could be worse though!!"*

**KENNISIS
MARINA**

**Sales
Service
Storage
Fuel**

754-2352

www.kennisismarina.net

**WE RENT
SNOWMOBILES**

**Come Out
& Play!!**



ski-doo



Award-Winning Children's Entertainers to Perform in Haliburton

On Sunday, March 4th Razzamataz Kids Shows invites you and your family to join celebrated children's music entertainers **Splash'N Boots** as they present "The Next Generation of Children's Music". With their vibrant, gimmick-free style of music, Taes and Nick will make parents and children dance, sing, and laugh.

Nominated for Children's Music Group of the Year at this year's Indies Music Awards, **Splash'N Boots** has been described as "The U2 of Children's Entertaining Groups". In the three years since the release of their first album, *Getting Our Feet Wet*, **Splash'N Boots** have been touring Canada, from the East coast of PEI to the Stampede Saddledome in Calgary. They have delighted thousands of children and families with over 300 shows in the last two years alone. The release of their second album, *Manatee Bay*, in 2004 garnered them a huge following, several awards from young people's organizations, and a nod from the Toronto Star as "The Best in Children's Entertainment".

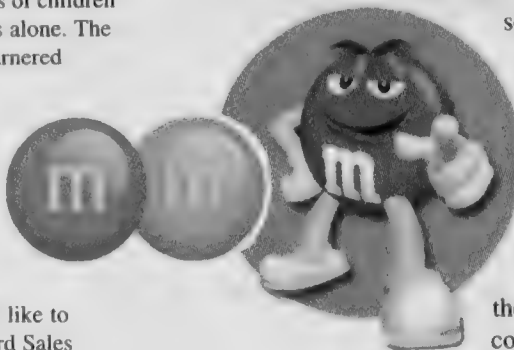
The show begins at 2:00 p.m. at the Northern Lights Performing Arts Pavilion. Ticket prices are \$8 for adults and \$6 for children (children under 2 may watch the show for free). Tickets may be purchased at the door or by contacting Stacey Bennett at 286-4511. Razzamataz Kids Shows would like to thank The Rotary Club of Minden and Ridgewood Ford Sales Limited for their generous sponsorship of this show.



How do they get the Ms on the M & Ms?

M&Ms are definitely mysterious. Many have tried to have this questioned answered but were denied the answer by the closed mouth company.

The culprit was M&M/Mars's parent company, Mars, Inc., whose paranoia is the stuff of legend. Mars's response to the most innocuous inquiry, even from schoolchildren, is that the information is "confidential." The \$6 billion firm is privately held, publishes no annual report, and refuses all interview requests from the press. Interestingly, the main office is located in McLean, Virginia, a short distance from the headquarters of the CIA. I'm not saying there's a connection, but you have to wonder.



Eventually a man named Hans who took over the M&M PR department saw no reason to hide M&M's achievements under a bushel basket. He cheerfully revealed the following facts:

(1) Ms are applied to M&Ms en masse using a process "akin to offset printing." (Actually, I would have guessed it was more like flexography, which involves a flexible printing plate, but Hans says no.) The "ink" is a simple vegetable dye. Blank M&Ms are run through the printing press on a special conveyor belt with rows of dimples on it—indentations, actually—to hold the little guys in place. The real trick, Hans says, is calibrating the press so it won't smash the peanuts. (Peanuts, being a natural product, are given to some variation of dimension.).

Also – Are you troubled by the expiration date on the M&M wrapper. Example of one reads: '19 DEC 06 805 AM' **Do you Question** what happens at 8:06?

Well, fear not. "805 AM" doesn't mean what you think, sorry to say. Imagine an M&M route man making a mad lunge at 8:04 – give me that bag, you fool!—lest a package of expired M&Ms remain on the shelf. Alas, Hans says, that's not the way it works. "805 AM" is a production code telling which factory, work shift, and wrapping machine filled the bag. The code might as easily have been "731 CP"; it's coincidence that it looks like the time of day. M&M/Mars, by the way, was a pioneer in putting freshness dates on its candy.

To give you a chuckle, when asked "what happens at 8:06?" the smarty pants answer would be: "They melt in your hand."



Prudential
Lorimer Realty
Brokerage

Lea Kitler
Sales Representative
Prudential Lorimer Realty

O: 613.332.0770
H: 705.448.9453
www.getrealinontario.com
lea.kitler@sympatico.ca



YES! The Hyland SHUTTLE SERVICE

is still providing transportation Monday to Friday in the Haliburton, West Guilford, Eagle Lk, Carnarvon, Minden loop. The service is currently being offered in one of our Hyland Taxi Vans.
For more info give us a call at 457-1777.

CHARTERED SERVICES AVAILABLE 457-9898
Rates & Times subject to change without notice

Worldly News

LONDON - Two Canadian otters at a sanctuary in Scotland were once been placed under 24-hour protection from aggressive local otters who are confused by their "foreign accents," a newspaper reported.

The National Sea Life Sanctuary in Oban installed an electric fence and surveillance cameras to protect its Canadian guests, Fingal and Sula.

Though almost twice the size of their wild Scottish relatives, the pair are disadvantaged by their foreign accents and scent. "Dialects are common in animal communications, but because of the differences in the sounds they make it will be difficult for these Canadian otters to communicate with the native ones," Matthew Evans, an animal communications expert from Stirling University, was quoted as saying. "There is no doubt dropping two foreign otters into a territory of wild locals would lead to the local ones beating the living daylights out of the new ones," he added. The pair arrived at the center's Otter Creek on the banks of Loch Creran over year ago and were housed in an indoor seal pup nursery.

Ontario Early Years Upcoming Events

Parent Talk Time – Ontario Early Years – Minden – Wed. March 6th 10:30 to 11:30

Join us and gain tips and tricks that will help parents to deal with common parenting concerns around biting, hitting, whining, and tantrums. For more information please call OEYC Minden at 286-1770.

Are you looking for childcare during the March Break? The Children's Learning Centre has a limited number of spaces for School Age Care for the March Break (Mar 9 to 16 inclusive). The cost is \$25 per day and includes lunch. The School Age program will be in the day care at 16 Prentice St. please phone Gord at 286-4074 to register.

Nutrition and Kids – Ontario Early Years – Haliburton – Wed. March 21st 10:30 to 11:30

Join us for a Parent Talk Time with Beth MacEachern of HKPR District Health Unit to gain tips and ideas to support common eating challenges with young children around picky eaters, portion sizes for young children, and ideas to keep kids healthy on the go. For more information please call OEYC Haliburton at 457-2989.



The Board of the Haliburton Highlands Chamber of Commerce are pleased to invite you to:

The 2006 Business and Community Achievement Awards

Saturday, March 31st, 2007

at the Delta Pinestone Resort.

This is an evening to celebrate and honour the exemplary achievements and contributions of people who live and work in Haliburton County.

Tickets: \$40.00 pp - Please RSVP by March 16th, 2007 - 286-1760

Itinerary

5:30pm Cocktail Reception

6:30 pm Dinner & Awards Ceremony

Please join us for this Premier Haliburton Highlands Award Celebration!



**Haliburton Highlands
CHAMBER of COMMERCE**

Mission Statement:

The Haliburton Highlands Chamber of Commerce, through its leadership, is committed to continuously promote and foster the business climate and enhance the quality of life in our community.

**Small Business of the Year • Large Business of the Year • New Business of the Year • Not-for-Profit Business of the Year
Young Entrepreneur of the Year • Highlander of the Year • Youth of the Year • Award of the Year**

The Art of Living

By Lea Kitler

Writer and therapist Pat Brown speaks of love and loss and the creative process

Winter has arrived late this year, but the morning I take the gentle slope to Pat Brown's house near Ingoldsby, promises to be the coldest yet. Her forest green bungalow overlooking the treetops is a cocoon of comfort — from the colourful throw pillows and blankets on the sofa to the paintings and keepsakes that enclose each room in a parenthesis of memory. It's all an extension of Pat herself — the creative explorations of the artist and therapist and the woman who has raised two children — a union of both the utilitarian and the aesthetic. At the moment, there's Mulligatawny soup steaming on the stove. What sounds like Gaelic to me (which would be in keeping with Pat's ethnic background) is in fact an East Indian recipe, a colonized version, she tells me. As the final flourish of cilantro joins the swirling yogurt and the floating islands of apple, Pat's comment that it's ready when you become "so tormented by the smell you have to dig in," reminds me that cooking is not so very different from writing. The joy of word combinations is much like the very personal adjustment of ingredients. Writers are among those whose thoughts have simmered long. They choose their words with care — avoid clichés and generally skip the small talk — thus drawing their listeners to a rapt attention. A concoctor of stories must first be a lover of language if ever she expects to seduce her readers. With her slow and measured speech, Pat Brown is such a writer.

The writer in Pat only emerged in recent years. She always knew she wanted to write but beyond "the occasional poem and journal jotting" never quite got around to it. As a psychoanalyst, she would constantly encourage her clients to write down their feelings. "Write it out," she'd tell them, even if it's "a letter to the guy who abused you, even if the person you are writing to is dead." Pat is primarily drawn to creative non-fiction and memoir. "Things bubble to the surface. You don't know what you know until you've written it," she says, citing "the common denominator" in counseling and writing, a process not unlike peeling an onion, one, she says, that involves "uncovering the layers". Pat obtained a Masters degree in Adult Education and psychology at OISE, and also studied at the Alfred Adler Institute before doing an internship with Dr. Dian McGibbon, a G.P. psychotherapist. While still at OISE, she worked part time running women's groups. She also began a program of her own. She approached school boards, garnering support and "a small hourly rate" that enabled her to go into Ontario Housing Projects with her flipchart and enter the households of single mothers with no real education or self confidence and nowhere to put their kids. She started up a literacy program — educational upgrading — and within those apartment buildings, convinced others to help with daycare so the young women could "get back into the world." Pat says, "These women who had lived in isolation from one another made a wonderfully odd discovery. They found something they could conquer." They began communicating back and forth and helping each other with things like spelling.

Long before OISE, Pat left a teaching profession and moved into the publishing industry. Her job often meant traveling. One morning, in a hotel room in Windsor she realized she could not go on. The woman who had relied solely on her intellect to see her through, suddenly felt utterly paralyzed. Recently divorced, with two small children to support, quitting seemed unfathomable and yet she knew she had to. Instead of going to her meeting, she wandered aimlessly into a bookstore across the street and

randomly opened a book on Zen Buddhism, a subject she knew nothing about. The passage she read was an exact metaphor for her life and perfectly addressed her stasis, but more importantly, pressed her to take the next step. Pat had always noticed a curious phenomenon manifest at key moments — a kind of synchronicity or 'meaningful coincidence' that seemed to illuminate the way. Shortly after the experience in Windsor, another book literally fell at her feet — a book by C.G. Jung. In the six months that followed, she threw herself into meditation and the study of human psychology and at 37 years old went back for her graduate degree.



Pat and Tom in Cuba: The last trip they would take together

Pat was working as Program Director at Madeira House in Toronto in 1987 — a halfway house for men with multiple drunk driving offences — when she met Tom Brown. Tom was a Community Relations Officer with 21 Division. Almost immediately Pat knew she had found her soul mate. His easy humour, "his ability to tell a story..." She felt her heart make that "leap of pure joy." (Pat's father was also a policeman. She describes both as "the gentlest and kindest of men.") In her short story, "When Tom Came to Dinner", Pat recounts their first date: and how she had asked him to join her on her "nightly ritual" walking her dog and five cats. Because Tom was a big man and well respected, his fellow officers dared not openly tease him about transcendental meditation and his trip to an ashram in India, but when a squad car from Tom's Division pulled up beside them, the two officers "were laughing so hard they could barely speak." "Well, Tom," one of them said, "Is cat-walking a new paid duty for you?"

Tom and Pat left the city for a cottage on Tamarack Lake south of Gooderham in 1994. But Tom was getting older and there was a private, twisting mile and a half of driveway to negotiate and maintain in the winter. The couple eventually moved into the Ingoldsby house. During that time, Pat worked part time for SIRCH and then transferred with them to the YWCA. Most often her work centered around "sexually abused women and those who had experienced domestic violence". She would help them "stitch a life together after crisis." Herself, an adopted child and once a single mother, Pat had dealt with her own abandonment issues. But she was about to encounter a loss like never before.

At a drum circle in Haliburton in May 2005, Tom suffered a stroke that in a matter of days, would take his life. Pat recalls in her remarkable essay, "Religion, Spirituality and Bicycles", "Whatever meager solace I found was in the spirit of the people around me, in their faith and their loving kindness and in the rituals I learned from Tom... There's a plethora of self help books out there that insist all you need are 'positive affirmations' to pull you through," Pat says. "They don't address the awfulness." We are ill-equipped to deal with grief, Freud pointed out in 'Mourning and Melancholy', largely because we fail to understand its pathology. Joan Didion's book, "A year of Magical Thinking", which followed the death of her husband and only child, was written with acuity and "such clarity", Pat says. It corroborated with her own experience of grief such as when Didion spoke of clearing away her husband's things, realizing she had left one corner untouched — where he kept his shoes. He would need those when he came back, she had reasoned. "A temporary derangement," Pat adds. There is no 12 step program to recovery. Grief comes and goes in "paroxysms and waves" that can bring the bereaved to their knees. Yet, the old saying, time heals all wounds, is

The Art of Living Cont'd...

... from pg. 38

true, Pat says. Two years ago, she attended Brenda Peddigrew's writing workshop which prompted her to join the ongoing Algonquin Highlands Writers' group where she began writing "seriously" and in earnest. Pat had a personal memoir published in the anthology, "Tapestry" in 2005, and her short fiction received Honourable Mention in the annual writing contest sponsored by HHWEN and the Agnes Jamieson Gallery in 2006. 'Maryann' is a wonderful story about a young girl's direct experience with Bliss. Pat remembers another such "sacred experience". Years ago, at the British Museum, she saw, under a glasstop table, Jane Austen's rough draft of *Pride and Prejudice* complete with ink spots and words crossed out. It had moved



her to tears. The seeds of who we are and what we become are always present.

Pat is putting together a manuscript of her Memoirs. It will be a book about working through "the raw experience of grief". As writers we need to bear "witness," she says. Psychiatrist, Victor Frankl who survived Auschwitz (although his family did

not), "evolved a philosophy," Pat says, about survival and the "creation of meaning" that resonates with her. Why did some survive while others did not? Frankl postulates that those without the imaginative ability to "create or re-create meaning", perished. Pat is interested in anything that "looks at the big questions." It's what keeps her going to Sneh Chakraburty's meditation and Vedanta Study Group every Monday morning. Pat spurns "the Disney smorgasbord of watered down beliefs...the treacly feelgoodisms" of the New Age gurus, who, she says, "have found a shortcut through the desert while avoiding dark nights of the soul." Pat knows "there's a dark side to renewal" that "we have to give voice to all aspects of our being" so when Dr. Chakraburty speaks of human nature in terms of inertia and creativity, Pat can wholly relate.

Pat's been a member of the Outloud Womyn's Voices almost since their inception. "We all need things that feed the soul." She took watercolour classes with Nancy Kursbatt and what I see on her walls is much better than she realizes. Pat has three live-in companions – two 150 pound Irish Wolfhounds and one (slightly overshadowed) Australian Shepherd named Oliver. As I help myself to another bowl of Mulligatawny soup, Breej and Seamus stand sentinel. Actually, Seamus – who is considerably taller than the kitchen table – has gently rested his chin on my shoulder as if to say, "Were you planning on finishing that?"

Pat is starting up a private practice. In order to remain true to her writing schedule, she'll keep it part time. But one hand shakes the other. The service she offers working with people on issues of personal growth/transformation and the challenges of spiritual integration is the stuff of real life which may ultimately be the intent of her Memoirs. Pat Brown can be reached for consultation at 286-6448

All of us could take a lesson from the weather. It pays no attention to criticism.

First Tapping: A Sign of Spring to Come

A ceremonial first tapping on Saturday (March 3) will mark the onset of Haliburton's first harbinger of spring, the maple syrup season.

The public is welcome to join in a celebration of the sweet things ahead at Jean and Godfrey Tyler's Waverly Brook Farm off Gelert Road (County Road One) south of Haliburton.

There will be a chance to visit the Tyler sugar bush and to watch MPP Laurie Scott and Haliburton County Warden Murray Fearrey drill the first tap hole of 2007.

Sponsor of the first tapping, which gets underway at 11 a.m., is the Haliburton-Kawartha chapter of the Ontario Maple Syrup Producers Association.

The entrance to the Tylers' sugarbush is at 6359 Gelert Road, about five kilometres south of Haliburton. You can drive right in to the sugarhouse.

The event will be outdoors so warm winter clothes and snowboots are in order. Please call 457-2214 for more information.

Ladies Fellowship Theme Healing Hearts – All Ladies Invited To Attend

Music, and special speaker, and a lovely evening out is what you will expect if you attend the Ladies Fellowship taking place Thursday, March 1 at the West Guildford Community Centre.

The event, beginning at 7:30 p.m. The Theme for the evening is "HEALING HEARTS", and features Rosie Kadwell, Registered Dietician; Music: Deborah Gray of Peterborough; and Speaker: Faye Taylor also of Peterborough.

For further information, please contact Lyn at 457-3155 or Alice at 754-2808.

SUPPORT FOR THE ARTS IN MINDEN HILLS

The Minden Hills Cultural Centre Foundation has a limited amount of funding to assist with programs and activities promoting the arts in the municipality of Minden Hills. Any individual or group interested in providing a community program in the arts is invited to complete an application for consideration for the 2007 funding year. Information about

this program and application forms can be obtained by contacting the

Foundation Secretary, Michael Fay,
fay.m@sympatrico.ca

The deadline for applications is April 15, 2007.

Funds to support this program include proceeds from various events sponsored by the Minden Hills Cultural Centre Foundation throughout the year such as, "Arts Exposed: A Cultural Affair" and the annual Foundation Bonspiel as well as donations from individuals and corporations.



Crime Flashback

by Max Haines

Letter to the Law

Murderer couldn't keep his nose out of investigation

Strange as it may sound, many murderers have an uncontrollable urge to stay close to the investigation into their crimes. Some have been known to phone and even write to the police.

Before the turn of the century, Jack the Ripper wrote taunting letters to the authorities, advising them that he would strike again.

In more recent times, Richard Loeb became totally fascinated with detectives who were searching for clues into the murder of Bobby Franks in Chicago's infamous "compulsion" case. Loeb turned out to be one of the youngster's killers.

Today we will look at the tragic death of a young English girl, Sarah Gibson, and her murderer's urge to correspond with the police.

Sarah was born into the horse racing set. Her father, Col. John Gibson, was a famous trainer and breeder of racehorses. One of her brothers was an accomplished rider.

The family lived in the village of Lambourn in Berkshire, England. They led the good life, but Sarah wanted something different. Horses and the pleasant social life of the village didn't satisfy her.

HEADED TO BIG CITY

At 19, Sarah told her mother and father that she wanted a career in the hotel business and planned on achieving success without their influence.

Sarah left the genteel life of Lambourn to strike out on her own in London. Her first job was that of a domestic at the Norfolk Hotel in the West End.

A few months later, Sarah was successful in obtaining employment with the Royal Automobile Club as assistant housekeeper. This was a giant step forward in Sarah's dogged determination to carve out a career for herself.

The Royal Automobile Club had a staff of 250 employees, of which 15 lived on the premises. Sarah was one of the huge club's live-in employees. The prestigious club had a 200-seat restaurant, 15,000 paid members and maintained 80 bedrooms for male guests only.

In 1971, the Gibson family moved from Lambourn to a beautiful restored farmhouse near Cheltenham. Sarah spent many weekends with her family. She was happy in her work and enjoyed living in London.

On Sunday, July 2, 1972, Sarah had the day off. It was one of those weekends she chose to stay in the city.

That evening, Sarah had dinner in the staff dining room. A little after 7:30 p.m., she was seen strolling over to the Fun City Bingo Hall, located about 300 yards from the club. Two hours later, she was seen leaving the bingo hall, but no one saw her return to her room.

NUDE BODY ON BED

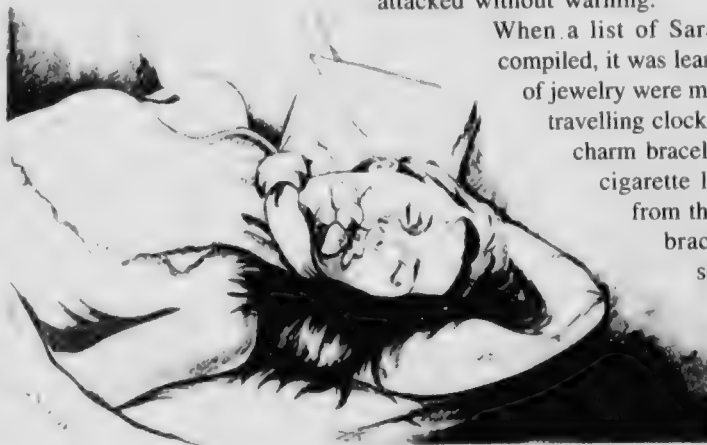
Next morning, a housemaid looked in on Room 519 on the fifth floor and found Sarah's nude body on her bed. Her hands and feet were tied. A pink nightgown was knotted around her neck and a handkerchief had been stuffed in her mouth. She had been raped.

Detectives didn't take long to ascertain that Sarah didn't have a steady boyfriend. She had been a hard-working, happy young woman who enjoyed the sights of London. Her movements were traced up until she left the bingo hall, but there the trail abruptly stopped.

Because nothing seemed to be disturbed in the room, it was felt that Sarah might have known her killer and had been attacked without warning.

When a list of Sarah's possessions was compiled, it was learned that several pieces of jewelry were missing. Gold earrings, a travelling clock, a silver locket, a gold charm bracelet and mother-of-pearl cigarette lighter had been taken from the room. On July 7, the bracelet and lighter were sold to a Soho jeweller.

Scotland Yard detective Chief Supt. James Neville believed that robbery might have been the motive, with rape and



murder an afterthought.

On the other hand, he knew it was quite possible that a cunning killer could have taken the jewelry from the room to throw the police off the trail.

Of the 80 bedrooms available to males at the club, only 17 had been occupied on the night of the murder.

It was decided to check the fingerprints of not only the occupants of these 17, but those of everyone who had stayed at the Royal Automobile Club since Sarah joined the staff. Their prints would be checked against prints found in Sarah's room.

On July 9, Supt. Neville received a surprise in the mail. It was an unsigned letter from the killer. It read:

"I thought you might like some help in the case as it seems you are approaching it from the wrong angle.

"I did not like the idea of Sarah's departure but it couldn't be helped, but what can be done is to stop it happening again.

Max Haines Cont'd... pg. 37...

Max Haines Cont'd...

... from pg. 36

"I found a strange sense of power in depriving a body of life, though Sarah was a mistake.

"On the night Sarah died I felt no sense of remorse or guilt, so hurry up and catch me. I won't give myself up for incarceration because that would destroy me as I have a great longing for life."

Had this letter not been written, it is doubtful if the killer of Sarah Gibson would ever have been identified.

Fingerprints on the letter were checked with prints on file with Scotland Yard. The prints matched those of 25-year-old David Charles Richard Frooms, a ne'er-do-well who had served several terms in prison for theft, robbery and indecently assaulting a 13-year-old girl.

Frooms was located and taken into custody. He was asked to write a few words on paper. Handwriting experts compared these words to the handwriting on the letter sent to Supt. Neville. There was no doubt about it - both had been written by Frooms.

When confronted by this overwhelming evidence, Frooms blurted out, "I am glad you have got me. I killed her, strangled her with something she was wearing."

When asked if he had had sexual intercourse with his victim, he replied, "She was dead then."

In December 1972, Frooms was tried for murder in London's famed Old Bailey.

He pleaded not guilty, claiming he had no recollection of the killing itself, although he remembered climbing through an open window and making his way up to the fifth floor looking for something to steal.

He saw a bedroom door ajar and walked quietly into the room. Sarah was asleep on the bed. He took whatever appeared to be valuable.

When Sarah stirred, he stuffed something in her mouth and tied her hands and feet with her underclothing.

He claimed to remember having his hands around her throat, but nothing more. He further claimed that he had no recollection of intending or wanting to kill the girl. In addition, he had no memory of having written the incriminating letter to police.

Despite his lawyer's insinuation of diminished responsibility, it took the English jury only half an hour to bring in a guilty verdict. David Frooms was sentenced to life imprisonment.

Illustration: Sarah Gibson's hands and feet were tied. A pink nightgown was knotted around her neck and a handkerchief had been stuffed in her mouth. She had been raped.



Master's Book Store

GET INSPIRED FOR SPRING!!

GARDENING BOOKS AVAILABLE NOW!

Your local Precious Moments Dealer

457-2223

In The Village Barn
195 Highland Street, Haliburton

Seeing Through The Smoke Theatre Production Provides Drama For Local Students About Teen Drug Use

Local organizers who are bringing a play called Smokescreen to the area hope it clears the air about the dangers of student drug use.

The Haliburton Highlands Community Action Group on Alcohol and Drugs has arranged for Smokescreen to be staged for Grade 9 students and teachers at Haliburton Highlands Secondary School on Monday, February 26, at 12:50 pm, in the Northern Lights Pavilion.

Smokescreen, performed by the Toronto-based Roseneath Theatre (www.roseneath.ca), has garnered rave reviews across Canada. The play, developed for students, focuses on the tensions between a father and his 15-year-old son. The son, who goes to school stoned everyday, ultimately gets arrested for drug trafficking in a bid to support his marijuana addiction.

According to Community Action Group member Karen Pettinella, Smokescreen uses the power of live theatre to inform students about the risks associated with smoking marijuana.

"What students see on stage will hopefully give them the information they need to make healthy, real-life choices," says Pettinella, who is also a Public Health Nurse with the Haliburton, Kawartha, Pine Ridge District Health Unit.

In 2003, the Ontario Student Drug Use Survey found that nearly 30 per cent of Ontario students in Grades 7 to 12 who were interviewed admitted to smoking marijuana in the previous year.

The Haliburton Highlands Community Action Group on Alcohol and Drugs includes representatives of the local Health Unit, Ontario Provincial Police and Four Counties Addiction Services Team. The action group works to promote drug use prevention in Haliburton County.



BLAIR
SAWMILL & LUMBER
705-457-3211
Haliburton, Ontario

V Joint
Trims & Mouldings
Wood Siding
Cedar Decking
Softwood Flooring
Pine & Hemlock
Timbers up to 25 ft
Crafters Pine
Interior/exterior Finishes

 **Exterior Stains Dealer**

Furniture / Cupboards
Custom Made Upper Canada
Reproduction Furniture
Custom Pine
Furniture & Cupboards

HARDWOOD FLOORING
Pre-finished Estate
Hardwood Floors & Engineered
Hardwood Flooring

Sheds / Bunkies
Playhouses / Poolsheds

 **Fully Installed, Pre-Assembled Kits & Pre-Cut kits**

Custom Fireplace Mantels

 **BLAIR**
SAWMILL & LUMBER
705-457-3211

 **Earn TruCash Rewards**
Ask us for details

Hwy. 118 (Formerly 121 East)
Across from Paradise Lake

Spot Sam The Advertising Man for Your Chance to Win **\$100!**



How would you like to win \$100? Well it's easy with the Communicator!

Just read all the ads and keep an eye out for Sam - The Advertising Man. We will be hiding a few Sams in various ads throughout the publication, so look for more than one.

Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator.

The first correct answer pulled from entries received wins \$100! It's that easy and it's fun too!

There were 7 sams in the last issue. They were hidden in the following ads: Cottage Country Log Cabin, All That Jazz, WRD Cottage Rental, Welch Garage Doors, Highlands Appliances, Northern Exposure Windows and Doors, Sears Appliance

The winner of the Spot Sam Contest is: Terry Carr of Minden

Who was the first person to say, "See that chicken there? I'm gonna eat the next thing that comes outta its butt."



Sponsorship & Donor Initiative position

Cottage Dreams is looking for an energetic individual with excellent organizational, communication, computer and people skills to create a donor database and steward sponsors. Special event planning and fundraising experience required. This is an eight month contract through the *HRSDC Job Creation Partnership*. To qualify you must have:

- a current claim for employment insurance benefits; or
- a previous claim whose benefit period ended in the preceding 36 months;
- or a previous benefit period that began in the preceding 60 months, during which the individual was paid maternity or parental benefits, after which they left the labour market to care for a newborn or newly adopted child and are now seeking to re-enter the labour market.

Please contact Seana O'Neill for more information at 457-9100

CLASSIFIED ADVERTISING

Call 455-9928 To Place Your Classified

Help Wanted

Minden Home Hardware Building Centre Outside Contracting Salesperson

Experienced in Blueprint reading and material estimating.

Understanding of Market Trends, Extensive knowledge of building products. Confident, aggressive sales ability.

This position will require the salesperson to pursue new contracting accounts.

Visit building sites on a regular basis.

Available to work Sat/Sun when required.

Commitment to customer service.

Commitment to growing and promoting Minden Home Hardware Building Centre's Contracting Department.

Interested applicants to drop off resume at the store. Make resume attention Management.

Health / Fitness

GOT GOJI JUICE? Get Himalayan Goji® Juice and get on the road to health. Learn more, call Anita Kuno 457-2753.

For Sale

This Years # 1 unpasturized Buckwheat, clover and golden. Honey Butter now available. Located on corner of Cty. Rd. 21 and Blairhampton. Call Tom 286-3628.

Anniversary



Congratulations to our dear friends Gunter and Lori Wedmann who celebrated their 50th Wedding Anniversary recently.
Love Gloria and Jim, Cindy and Steve and families

KENT CONTRACTING

kentcontracting@sympatico.ca



Fully Insured • 286-3330

Renovations • Additions • Homes • Cottages
Roofing • Windows • Foundations • Masonry
Garages • Decks • Docks • Soffit/Facia • Siding

**Kevin
Kent**

YOU HAVE A CHOICE
STAR CHOICE

Satellite TV

Programming from \$20/ Mo

Authorized Dealer

SALES, SERVICE, INSTALLATIONS

Tri-County Distributors

641 Bobcaygeon Rd. Minden 286-3028

D.A. CURRY
MASONRY
CONTRACTING
 Licenced Tradesman
457-3620 RR#1 Haliburton
 Mobile: 457-6163 Fax: 457-2699

Footings
 Frost Walls
 Foundations
 Concrete Slabs
 Perimeter Walls
 Site Layout

PETRINI
CONSTRUCTION
VINYL & ALUMINUM SIDING
 SOFFIT • FASCIA • ROOFING • DOORS & WINDOWS
 5" SEAMLESS EAVESTROUGH
 GUTTER PROTECTION SYSTEMS
 Serving Haliburton County since 1978
Nathan Petrini 705-457-2754

HIGHLANDS PLUMBING
 Division of Jack Hewson & Sons Ltd.
 Sales & Service
 Water Systems,
 Installations & Renovations
 Authorized in-floor
 Radiant Heating Dealer
 WIRSBD
 Radiant Floor Heating
286-1195

Warm
 Friendly
 Floors

HA
HALIBURTON Highland Appliances
 GUARANTEED REPAIRS IN YOUR HOME OR COTTAGE
 AUTHORIZED FACTORY SERVICE TO MOST MAKES
 13 Industrial Pk Rd **705 457-1048**

FOR SERVICE CALL
STOUGHTON'S
ELECTRIC LTD.
 Electrical, Plumbing, Heating & TV Towers
 Septic Systems & Pole Lines
 Holding Tanks, Sewage Pumps, Backhoe, Trenching
 After Hours: 447-3120
Septic Pumping 447-2211

Bill Skelding
Enterprises
 Small Engine Repairs,
 Snowmobiles • ATV's • Boats
 Boat Storage Available
Over 28 Years Experience In Engine Repairs
 1057 Ben Rd, Minden Business: 705-286-1605
 billskelding@hotmail.com Home: 705-286-3448

S E R V I C E D I R E C T O R Y

CHURKO
ELECTRIC
 office: 457-4576
 fax: 457-1494
 RESIDENTIAL • COMMERCIAL • INDUSTRIAL
Professionalism at "Your Service"

TOM PRENTICE
& SONS
 Trucking • Grading • Excavating
 All Types Material
 Septic Systems
286-1428
 Annual Cottage Road Service

Landscape Concepts
 by Chris Miller
 NEW NUMBER!
 Phone: 705-286-5007
 Landscape Design • Custom Concrete Spas
 All Types of Natural Stone Work • Patio, Stairs, Pillars & Walks
 Shoreline Restoration • Planting • Waterfalls & Fountains

DON BARKER
HEATING & COOLING
 3 miles north of Camarvon on Hwy 35
 (705) 489-2004
 Furnace & Duct Cleaning • Parts & Service Contracts
 Wood - Oil - Electric & Combination Furnaces
 Insulated Chimney's • Zero Clearance Fireplaces
 Carrier HEAT PUMPS and AIR CONDITIONING

D & K Masonry
 Free Estimates, Quality Workmanship, Fully Insured
 We do Block Foundations • Perimeter Walls,
 Concrete Floors
 Fax: 286-6122 email: dandkmasonry@msn.com Derek Rowden
286-6209

Norm Barry
Hot Tub Maintenance
& Cottage Inspection
 Hot Tubs
 Water analysis, chemical balancing,
 weekly/ bi-weekly maintenance
754-1078 "Relax in your hot tub - Let us do the work"
 Cottage/ Home
 Weekly surveillance of:
 heating, plumbing,
 grounds inspection,
 snow removal



Gloria Carnochan
Cindy Muenzel
Sales Representatives

Kennisis and Redstone Lakes Realty Centre

705-754-1932
1-800-203-7471

The Mother Daughter Team

gcarnochan@bellnet.ca www.gloriaandcindy.com

ROYAL LEPAGE
LAKES OF HALIBURTON
BROKERAGE



Commercial building and 2 BR home on busy highway frontage. Ample parking, paved drive on Hwy 35. 3000 sq. ft. new oil furnace, loading dock, large basement, office space, hardwood floors, updated carpet, plumbing, roof & windows, move in condition. Endless possibilities! Enquire for more details! Business relocating.

\$399,000.00



Private Lake - 129 acres - Haliburton Highlands. Nature at it's best. 129 acre retreat estate type property with a private lake, mature forest of pine and hardwoods. A 5 bdrm + loft cottage sits on the shore line of Torch Lake. The cottage is full of old country charm, massive stone fireplace in LR and backing the DR. Wood floors and all wood interior with cathedral ceilings. Large deck for entertaining or just enjoy the view. This property has many possibilities. Family retreat, Bed and Breakfast, Children's Camp, Retreat Center, possible severances of lots, also appears to be 50 to 60 acres of gravel, sand and great timber. Report details available to interested parties

\$910,000.00



Live where you play. 3 bdrm home or cottage on Kennisis Lake. Hardwood floors, cathedral ceilings, open concept. Propane fireplace and furnace. Home is immaculate. Pride of ownership. Cabin for a Bunkie, 2 car garage with add on for storage. Ideal property for an early retiree with a hobby or starting their next business. Good dockage with deep water. Great swimming and fishing. Close to all the winter activities.

\$518,000.00



Kennisis Lake - Privacy plus on the 748 ft. 2.84 acres shoreline of Kennisis Lake. Trees, rocks, deep water & great view, south exposure, driveway onto property. Build your dream cottage now.

\$399,000.00

FOR MORE PHOTOS CHECK www.gloriaandcindy.com